

The Sabbath and the Mark of Yahuah¹

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Introduction

The Sabbath was established by Yahuah on the seventh day of creation to worship Him as the Creator of heaven and earth for eternity. It is a day foreshadowing the Sabbath year, every seven years, and the Sabbath millennium, the seventh millennium since creation in which Yahusha will be the king of the earth. It also foreshadows the eternal rest in heaven. Those believers that keep it holy are marked by Yahuah for protection, prosperity, and qualification to be chosen to enter the gate to life into the headquarters of heaven as leaders of the world.

The Sabbath was the first commandment given to the Israelites in the Exodus, in which they were not to gather manna for food. It is the fourth of the ten commandments and one of the most important. It is a marker that the believer is keeping the laws of Yahuah. Consequently, Satan has targeted the Sabbath continuously for more than 2000 years, deceiving believers very successfully, into violating the Sabbath command. It was outlawed by the Greek, Antiochus IV in 167BC, and by the Roman Catholic Church in 325 AD. The Catholic laws against the “Jewish” commandments were enforced by death for 1500 years, and nearly all churches today are still following that tradition of lawlessness. So most believers today will not qualify to enter the kingdom of heaven because of their lawlessness.

The heresy of Sunday worship began in the 2nd century by Christian writers Ignatius, Justin Martyr, and Mathetes. Constantine, the emperor of Rome, and the first Pope of the Catholic Church was advised by and followed these heretics in outlawing the Sabbath in the 4th century.

Modern Christian scholars also use these 2nd century heretics to claim that New Testament Gentile believers worshiped on Sunday. They do this in the face of clear scriptures that show the first Gentile believers worshiping on the Sabbath in the synagogues. Modern scholars are intentionally ignoring the New Testament examples, and following heretics, to justify 1700 years of violating the laws of Yahuah.

¹Corner Fringe Ministries, *The Sabbath and the Mark of God, Part 1 of 15*, 2016

<https://www.youtube.com/watch?v=OMVZxWt49X8>

Sunday worship is part of dual covenant theology to separate Jews and Christians. This is Satan's strategy to disqualify all believers from being chosen to enter the kingdom of heaven. He wants to get all Christians to disobey the laws of Yahuah, by claiming they are only for the Jews. The only way they can justify Sunday worship is to eliminate obedience to the laws of Yahuah. They neglect the fact that believers in Yahusha become children of Abraham and are grafted into the household of Israel. So all Christians are Israelites and subject to Yahuah's laws.

This paper uses the Hebrew names of Yahuah and Yahusha, as well as their titles. Yahuah's titles are Al, or Aluah in Hebrew, El or Elohim in Aramaic and Yahusha's title used here is Messiah. This is to avoid titles such as Lord, God, and Christ which are also used by Satan and his many sun gods.

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1. The Sabbath is a Holy Day Established by Yahuah.

Mark 2:27 – “And He said to them, ‘The Sabbath was made for man, and not man for the Sabbath.’”

Man was created on the sixth day and the Sabbath on the seventh day. The Sabbath was created by Yahuah for man to acknowledge that He created the heavens and the earth, and to worship Him. The Sabbath is a sign or mark of Yahuah, that those believers are members of His family who are spiritually protected.

The people were facing starvation in the dessert. He delivered manna for six days only, with a double portion on the sixth day so they would have enough for the seventh day. They were not allowed to harvest manna on the Sabbath day, so He could teach them obedience to His commandments and depend on Him.

Exodus 16:4 – “Then Yahuah said to Moses, “Behold, I will rain bread from heaven for you. And the people shall go out and gather a certain quota everyday, that I may test them, whether they will walk in My law or not.”

Why didn't Yahuah use one of the other 613 commandments instead of the Sabbath to test the people? They had not even been given the laws yet. The Sabbath was the mark. If they can keep the Sabbath holy, He will know if they will keep the rest of the laws.

Exodus 16:25 – “Then Moses said, ‘Eat that today, for today is a Sabbath to Yahuah; today you will not find it in the field. Six days you shall gather it, but on the seventh day, which is the Sabbath, there will be none. Now, it happened that some of the people went out on the seventh day to gather, but they found none.”

The Sabbath is not primarily about resting. The context is starvation in the dessert, for their children. All believers are tested with difficult situations to profane the Sabbath. Some people just want to go shopping, golfing, fishing, or get work done. It takes faith in Yahuah's judgment to keep the Sabbath. The believer's faith, in the blessings of obedience and the punishment for disobedience, is being tested. The Israelite's faith in Yahuah's provision for their needs was being tested.

Exodus 16:28 – “And Yahuah said to Moses, “How long do you refuse to keep My commandments and My laws?”

The Sabbath is the test for all the laws. It is not to be taken lightly.

Exodus 31:13-17 – “Surely My Sabbaths you shall keep, for it is a sign between Me and you, throughout your generations, that you may know that I am Yahuah who sanctifies you. You shall keep the Sabbath, therefore, for it is holy to you. **Everyone who profanes it shall surely be put to death**; for whoever does any work on it, that person shall be cut off from among his people.”

“Work shall be done for six days, but the seventh is the Sabbath of rest, holy to Yahuah. Whoever does any work on the Sabbath day he shall surely be put to death. ... **It is a sign between Me and the children of Israel forever;**”

Numbers 15:32-34 – “Now while the children of Israel were in the wilderness, they found a man gathering sticks on the Sabbath day. And those who found him gathering sticks brought him to Moses and Aaron, and to all the congregation. They put him under guard, because it has not been explained what should be done to him.”

It was a laborious task to search for wood, cut it, start a fire and prepare food for a meal. So he was punished for working on the Sabbath.

Numbers 15:35,36 – “Then Yahuah said to Moses, “The man must surely be put to death; all the congregation shall stone him with stones outside the camp.” So as Yahuah commanded Moses, all the congregation brought him outside the camp and stoned him with stones, and he died.”

This was Yahuah’s order, not man’s. He takes the Sabbath seriously. It is important to read the Old Testament to learn to fear Yahuah’s judgment. Then He gave them tzitzit to remind them of the law.

Numbers 15:37,39 – “Again Yahuah spoke to Moses, saying, ‘Speak to the children of Israel: tell them to make tassels on the corners of their garments throughout their generations, and to put a blue thread in the tassels of the corners. ... And you shall have the tassel, that you may look upon it and remember all the commandments of Yahuah and to do them, and that you may not follow the harlotry to which your own heart and your own eyes are inclined, and that you may remember and do all My commandments, and be holy for your Aluah.’”

The Sabbath represents all the commandments. There could have been many other times to institute tzitzit, but He did it to remind them of the Sabbath. The Jews used the Sabbath to determine if a man is of Yahuah or not, because it is the mark of Yahuah.

Yahuah healed a man of blindness on the Sabbath to show the people that it is lawful to good on the Sabbath. It was also a prophetic sign that Israel would be healed of their

blindness in the seventh millennium. He also wanted to show the Pharisees that they have too many man made prohibitions for the Sabbath.

John 9:13,16 – “They brought him who formerly was blind to the Pharisees. Now it was a Sabbath when Yahusha made the clay and opened his eyes. Then the Pharisees also asked him again how he had received his sight. He said to them, ‘He put clay on my eyes, and I washed, and I see.’... Therefore some of the Pharisees said, ‘This Man is not of Aluah, because He does not keep the Sabbath.’ Others said, ‘How can a man who is a sinner do such signs?’ And there was a division among them.”

The Sabbath was a marker for them. Yahusha is the master of the Sabbath because He is the one who created it.

Isaiah 56:1-7 – “Thus says Yahuah: ‘Keep justice, and do righteousness, for My salvation is about to come, and My salvation to be revealed. Blessed is the man who does this, and the son of man who lays hold on it; who keeps from defiling the Sabbath, and keeps his hand from doing any evil.’ Do not let the son of the foreigner who has joined himself to Yahuah speak, saying, ‘Yahuah has utterly separated me from His people’; nor let the eunuch say, ‘Here I am, a dry tree.’ For thus says Yahuah: ‘to the eunuchs who keep My Sabbaths, and choose what pleases Me, and hold fast My covenant, even to them I will give in My house and within My walls a place and a name better than that of sons and daughters; I will give them an everlasting name that shall not be cut off. ‘Also the sons of the foreigner who join themselves to Yahuah, to serve Him, and to love the name of Yahuah, to be His servants-- Everyone who keeps from defiling the Sabbath, and hold fast my covenant-- Even them I will bring to My holy mountain, and make them joyful in My house of prayer. Their burnt offerings and their sacrifices will be accepted on My altar; for My House shall be called a house of prayer for all nations.’”

Some people try to say this is only for the Jews. The gospel goes to the end of the earth. Do not say the foreigners are separated from His people. If you keep the Sabbath holy, you get eternal life in His holy mountain. This is a matter of life and death. Since it is so important us and to Yahuah, Satan makes it a high priority for attack. The enemy has come out against the mark of Yahuah. Look at the history of the early church and the church today. Christianity is in serious trouble. It is time to build an army to stand up against evil, to stand up against wickedness, to proclaim truth and pull our brothers and sisters out of the fire.

Many say that Jesus annulled the Sabbath, or that every day is the Sabbath, or you can pick whatever day you want to be the Sabbath. They say Sunday has replaced the Sabbath because of the resurrection, or Saturday is the Sabbath for the Jews, the Lord’s day is for Christians, or the Sabbath is not commanded in the New Testament. If the

New Testament doesn't talk about it, it must be okay. They neglect the fact that believers in Yahusha become children of Abraham and are grafted into the household of Israel. All Christians are Israelites, subject to the laws of Yahuah.

Galatians 4:28-29 – “There is neither Jew nor Greek, there I neither slave nor free, there is neither male nor female; for you are all one in Yahusha the Messiah. And if you are Yahusha's then you are Abraham's seed, and heirs according to the promise.”

Ephesians 2:11-17 – “Therefore remember that you, once Gentiles in the flesh ... at that time you were without Yahusha, being aliens from the commonwealth of Israel and strangers from the covenants of promise, having no hope and without Yahuah in the world. But now in Yahusha the Messiah you who once were far off have been brought near by the blood of Yahusha. For He Himself is our peace, who has made both one, and has broken down the middle wall of separation, ... you are no longer strangers and foreigners, but fellow citizens with the saints and members of the household of Yahuah.

Where does man get the power to make things holy? The Sabbath is not about us. This is about worshiping the Creator of heaven and earth. There is only one reason for all these false ideas, when the commandment is very explicit and unambiguous. The devil has been hard at work.

2. The Early Church Kept the Sabbath Holy

Why has the Church abandoned the Sabbath, the very thing it was commanded to protect. What happened to cause this?

Luke 4:16 – “So He came to Nazareth, where He had been brought up. And as His custom was, He went into the synagogue on the Sabbath day, and stood up to read.

This was His manner of life, back to His childhood. This is where He kicked off His ministry. Synagogues were built worldwide as places to assemble to worship Yahuah and hear the word on the Sabbath day.

Some give weak arguments that Yahusha broke the Sabbath rules. No one who studies scripture would agree with that. It is not in the Bible. The Bible does say that He was accused of violating the Sabbath, but he actually violated the rules of the Rabbinical traditions. Some say He kept the Sabbath, but when He was resurrected, we entered into the dispensation of grace and don't have to obey the law anymore. So Yahusha annulled

the Sabbath. The New Testament refutes that argument, with evidence of the opposite. The apostles and early first century believers embraced the Sabbath. Going to the synagogues on the Sabbath.

The Apostles Paul and Barnabas entered the town of Antioch and went to the synagogue on the Sabbath. It wasn't just Jews present at the synagogue, there were also Gentiles there. This is important for the modern day church, to see how the first century church actually ran.

Acts 13:42-44 – “So when the Jews went out of the synagogue, the Gentiles begged that these words might be preached to them the next Sabbath. Now when the congregation had broken up, many of the Jews and devout proselytes followed Paul and Barnabas, who, speaking to them, persuaded them to continue in the grace of Aluah. On the next Sabbath almost the whole city came together to hear the word of Aluah”

Notice that the Gentiles are not at the church on Sunday. They are at the synagogue on the Sabbath.

Acts 18:4 – “And he reasoned in the synagogue every Sabbath, and persuaded both Jews and Greeks.”

This was how the first century church operated. The Jerusalem council met to discuss the salvation of the Gentiles to include circumcision. They had been circumcised by the Holy Spirit. But they only had to observe a few laws, because they would learn the commandments by hearing the word in the synagogue on the Sabbath.

There were four commandments that they should keep: concerning sexual immorality and three food laws. These were exclusive to purifying their personal temples. Sexual immorality is a sin against your own body. The Gentiles must first purify their own bodies. They didn't know all the commandments. The expectation was that they would be in the synagogue on the Sabbath to learn the commandments.

Acts 15:21 – “For Moses has had throughout many generations those who preach him in every city, being read in the synagogues every Sabbath.”

3. Church Leaders Against the Laws of the Jews

The Epistles of Mathetes to Diognetus and Barnabas

When believers hear the word, it causes fear of Yahuah's judgment. Today modern Christianity doesn't learn the law or read the word so they are not afraid of punishment.

They go to churches on Sunday the day of the sun gods. The question is what happened? Paul warned the believers that after his departure, teachers would come and corrupt the gospel. Satan's highest priority is to get believers to violate the laws of Yahuah, especially the Sabbath law, because it is the mark of Yahuah on the obedient believer.

Acts 20:29-31 – “For I know this, that after my departure, savage wolves will come in among you, not sparing the flock. Also from among yourselves men will rise up, speaking perverse things, to draw away the disciples after themselves. Therefore watch, and remember that for three years I did not cease to warn everyone night and day with tears.”

These people are very subtle, misinterpreting or distorting things. This is why the modern church is so different. In the early second century Satan declared all out war against the church. The gates of hell burst forth like a volcanic eruption spewing theology and doctrine that was foreign to the scriptures, which hardened into traditions of error, which changed the Church forever.

Around 130-150 AD, an epistle known as “The Epistle of Mathetes to Diognetus” was popular. Diognetus is a Greek word for disciple. Marcion and the Gnostics were alive and active during this time. A volcanic eruption of heresies.

The Epistle of Mathetes to Diognetus

“But as to their scrupulosity concerning meats, and their superstition as respects the Sabbaths, and their boasting about circumcision, and their fancies about fasting and the new moons, which are utterly ridiculous and unworthy of notice.

And as to their observing months and days, as if waiting upon the stars and the moon, and their distributing, according to their own tendencies, the appointments of Yahuah, and the vicissitudes of the seasons, some for festivities, and others for mourning, – who would deem this a part of divine worship and not much rather a manifestation of folly?

I suppose, then, you are sufficiently convinced that the Christians properly abstain from the vanity and error common, and from the busy-body spirit and vain boasting of the Jews; but you must not hope to learn the mystery of their peculiar mode of worshipping God from any mortal.”

He is ridiculing dietary laws, Sabbaths and fasting. Romans 4 makes it clear that circumcision is the seal of the righteousness of the faith. Abraham proved that he had faith in Yahuah, with the mark of circumcision. Paul never speaks negatively about circumcision. He only said that circumcision does not provide salvation. It cannot be found that Jewish believers ever stopped circumcising their children, or that Gentile believers didn't circumcise their children. Paul fasted constantly and instructed believers

how to fast. Mathetes is attacking the Jewish practices which are all in Yahuah's word. Since when are the concepts that come directly from the mind and mouth of Yahuah, utterly ridiculous and unworthy of notice?

He is talking about the festivals of Yahuah, such as Passover and the day of Atonement, as being a manifestation of folly. He is promoting total separation of Jew and Gentile. There is a force behind this, making these heresies explode. Whether it is Marcionism or this epistle, it is all about total separation of the Jewish laws from Christian believers to disqualify them for the kingdom. Yahusha came to break down the middle wall of separation, but Satan rebuilt that wall.

Another epistle written around the same time is the Epistle of Barnabas. This is one of the favorite references for scholars to quote to prove that the early church did not keep the Sabbath.

Dr Bart Ehrman is considered to be one of the worlds leading experts on early church history, including television documentaries. He is not a believer, and has no bias between Jews and Christians. He translated the Book of Barnabas.

“The Epistle of Barnabas was widely read in churches of the second and third centuries; some Christians thought that it should be included among the books of the New Testament. Although it came to be attributed to Barnabas, the companion of the apostle Paul, the book itself is anonymous. Most scholars think it was written around 130 CE possibly in Alexandria, Egypt, where it was especially popular. The purpose of the book is to show that Christianity is superior to Judaism, that **Judaism, in fact, is and always has been a false religion.**” **Dr Bart Ehrman**

The Epistle of Barnabas was very prominent. There were many Christians absorbing this epistle, claiming that Judaism is a false religion. But there is no Christianity without Judaism! Unlike Islam, Christianity is not a new religion. It is 100 percent Biblical Judaism. But Christians were taught not to follow all the Rabbinical traditions of the Talmud. Moses and the prophets prophesied that a king of the Jews would come, and that is the one you are to serve. His is the one whose kingdom will be forever. It will never pass away, and He is the one who will deliver you. This is what they were waiting for and when Yahusha came on the scene, they followed Him.

To say that Christianity is separate from Judaism, is to say that modern Christianity is a false religion that does not obey the commandments of Yahuah. Believers confess that Yahusha is Aluah, because they read the Torah and the prophets, and everything they said the Messiah would be, Yahusha came and fulfilled. Biblical Judaism is 100 percent authentic, and our faith depends on it. Believers know him as the authentic Messiah and the king of the Jews.

The Epistle of Barnabas

The Epistle of Barnabas is one of the favorites for scholars to support the theology of Christians abandoning the Sabbath.

Barnabas 1:5- ... “Do not continue to trample my court. If you bring fine flour, it is in vain. Incense is detestable to me, your new moons and Sabbaths I cannot stand.’ Therefore he has abolished these things, in order that the new law of our master, Yahusha, the Messiah, which is free from the yoke of compulsion, might have its offering, one not made by humans.”

He is quoting **Isaiah 1** and claiming that Yahusha has abolished the Sabbath.

Barnabas 15:1,6,8 – “Furthermore concerning the Sabbath it is also written, in the ‘Ten Words’ which he spoke to Moses face to face on Mount Sinai: ‘And sanctify Yahuah’s Sabbath, with clean hands and clean heart.’ ... If therefore anyone now is able, by being clean of heart to sanctify the day which Aluah sanctified we have been deceived in every respect. ... Finally, he says to them: ‘I cannot bear your new moons and Sabbaths.’ You see what he means: it is not the present Sabbaths that are acceptable to me, but the one that I have made on that Sabbath, after I have set everything at rest. I will create the beginning of an eighth day, which is the beginning of another world.”

He is saying that it is not possible to keep the Sabbath holy, you don’t have the ability to sanctify it, don’t even think you can do it, because if you do, you have been deceived. It takes a lot of arrogance, to say that people who are obeying what Yahuah has commanded, are deceived.

He is saying, that in this corrupted age of lawlessness, any attempt to sanctify the Sabbath is an abomination to Yahuah. The only Sabbath that is going to be accepted is the Sabbath in the age to come, the millennial Sabbath, when we are all in the final rest. This is a perfect example of misinterpreting scripture. This is how crafty the enemy can be. Satan also used totally perverted scripture against Yahusha. This epistle is completely anti-Semitic and anti-Aluah. It is a complete misinterpretation of **Isaiah 1**.

Isaiah 1:12-15 “When you come to appear before Me, Who has required this from your hand, to trample My courts? Bring no more futile sacrifices; incense is an abomination to Me. The New Moons, the Sabbaths, and the calling of assemblies-- I cannot endure iniquity and the sacred meeting.... **Your** New Moons and **your** appointed feast My soul hates; they are a trouble to Me, I am weary of bearing them. When you spread out your hands, I will hide My eyes from you; even though you make many prayers, I will not hear. Your hands are full of blood.”

Identify the problem that Yahuah is talking about. Is the problem that the Jewish people were obeying His commandments? The problem is disobedience to His commandments. Don't think you can come to the Sabbath if you are living a life full of sin. Yahuah will not accept it. It is perverse, it is unclean. Yahuah hates the mixing of that which is holy with that which is profane. It is detestable.

This is important for Messianic Christians today, because they keep the Sabbath. Most believers are not aware of the Sabbath. They should not think they can worship Yahuah on the Sabbath with a life full of sin. It will not be accepted.

Notice He says your New Moon and your feasts. He always calls the appointed times His holy days.

Exodus 31:12,13 – “And Yahuah spoke to Moses, saying, ‘Speak also to the children of Israel, saying: ‘Surely My Sabbaths you shall keep,’”

It is not our Sabbath. No man has the power to make days holy according to His rules. Yahusha said that He is the lord of the Sabbath. I will tell you what is lawful and what is not lawful.

In **Isaiah 1:15**, He says He hates their prayers. Does Barnabas believe people should stop praying? These heresies were going on in the second century.

4. Why has the Church Abandoned the Sabbath

Justin Martyr and Ignatius of Antioch

Why has Christianity abandoned the very thing she was commanded to teach? What has happened?

Yahusha prayed that the Jew and Gentile would become one new man in Him. We see Gentiles in the synagogue with the Jews on the Sabbath in the New Testament, and the expectation that they would learn the commandments of the Torah. Early Church writers undermined the gospel of the apostles.

Ignatius of Antioch, 35-108 AD

Antioch of Syria was a hub of the power of the faith, second to Jerusalem. Ignatius was discipled by the Apostle John. He is a source of scholars who don't believe in keeping the Sabbath.

“The Epistles attributed to Ignatius have attracted greater notice, and have created more discussion, than any other uninspired writings of the same extent in existence. The productions ascribed to this author, and now reputed genuine by the most learned of their recent editors, might all be printed on one-fourth of a page of an ordinary newspaper; and yet, the fatigue of traveling thousands of miles has been encountered, for the special purpose of searching after correct copies of these highly-prized memorials. Large volumes have been written, either to establish their authority, or to prove that they are forgeries; and, if collected together, the books in various languages to which they have given birth, would themselves form a considerable library.”

The Ancient Church, William Dool Killen

“If, therefore, those who were brought up in the ancient order of things have come to the possession of a new hope, no longer observing the Sabbath, but living in the observance of the Lord’s Day, on which also our life has sprung up again by Him and by His death. Let us therefore no longer keep the Sabbath after the Jewish manner, and rejoice in days of idleness; for he that does not work, let him not eat.”-- **The Epistle of Ignatius to the Magnesians (ch. 9)**

In the infancy stage of the gospel, Ignatius is saying that they no longer keep the Sabbath, but “the Lord’s Day”, a synonym for Sunday, even though Yahuah called the Sabbath His day. The root cause of the force of all these heresies is the separation of Jews and Gentiles. Yahusha said that believers were to be united with the Jewish people. At this time Marcionism was saying the same things as Ignatius. “In the Jewish manner,” is not referring to Rabbinical Laws and traditions in Talmud. He is teaching believers to not obey the commandments of Yahuah. This is explicitly about the commandments.

Ignatius is explicitly misquoting scripture stated by Paul, to say “Don’t you dare rest on the Sabbath, that is the day you are supposed to be working on.” But he doesn’t provide references, to determine the truth. This statement came from the Apostle Paul, but he was not talking about the Sabbath. It is important to use scripture to compare what people say about the scripture.

2 Thessalonians 3:10,11 – “For even when we were with you, we commanded you this: If anyone will not work, neither shall he eat. For we hear that there are some who walk among you in a disorderly manner, not working at all, but are busybodies.”

This has nothing to do with the Sabbath. Ignatius criticized believers for resting and having joy on the Sabbath.

In **Nehemiah 8**, all the people gathered together on the Sabbath, the first day of the seventh month, and read the Torah, causing the people to weep, mourning because of

their conviction of sin. Nehemiah told them to stop mourning, because the day was holy to Yahuah, set apart for celebration, rejoicing in rest. The joy of Yahuah is the strength of the believer.

Ignatius' words are in the Torah.

Exodus 5:1-5,17 – “Afterward Moses and Aaron went in and told Pharaoh, ‘Thus says Yahuah, Aluah of Israel; ‘Let My people go, that they may hold a feast to Me in the wilderness.’” and Pharaoh said, ‘Who is Yahuah, that I should obey His voice to let Israel go? I do not know Yahuah, nor will I let Israel go.’ So they said, ‘The Aluah of the Hebrews has met with us. Please, let us go three days’ journey into the desert and sacrifice to Yahuah, our Aluah, lest He fall upon us with pestilence or with the sword.’ Then the king of Egypt said to them, ‘Moses and Aaron, why do you take the people from their work? Get back to your labor.’ And Pharaoh said, ‘Look, the people of the land are many now, and you make them rest from their labor!’... But he said, ‘You are idle! Idle! Therefore you say, ‘Let us go and sacrifice to Yahuah.’”

The word used for “feast” is used as a festival of Sabbath. Israel actually left Egypt on the high Sabbath of the Feast of Unleavened Bread. Pharaoh did not want the Israelites to keep the Sabbath or to rest. That is the very thing that Ignatius is saying. This is from the mind of Satan. Yet, this is the evidence that Bible scholars will use to prove that Christians do not have to keep the Sabbath.

Justin Martyr, 100-165 AD

Justin Martyr was a Gentile convert to Christianity. He was born in Samaria, and moved to Rome. He was highly educated, and arose to become one of the most significant Christian apologists in the history of Christianity. He says many amazing things that are accurate.

Dialogue with Trypho

Trypho was an orthodox Jewish scholar. So the dialogue is a discussion of the theological differences of the two religions. But the dialogue was written from Justin's point of view. It is utilized today to explain why Christians do not keep the Sabbath.

“Is there any other matter, my friends, in which we are blamed, than this, that we live not after the law, and are not circumcised in the flesh as your forefathers were, and do not observe Sabbaths as you do?” (Ch 10) ... “For we too would observe the fleshly circumcision, and the Sabbaths, and in short all the feasts, if we did not know for what reason they were enjoined you,-- namely, on account of your transgressions and the hardness of your hearts. For if we patiently endure all things contrived against us by

wicked men and demons, so that even amid cruelties unutterable, death and torments, we pray for mercy to those who inflict such things upon us, and do not wish to give the least retort to any one, even as the new Lawgiver commanded us:”

Dialogue of Justin Martyr with Trypho, a Jew (Ch X)

They have abandoned the law of Yahuah. This is the practice of modern day Christianity. Where did they get this idea and arrive at this practice? He is claiming Yahuah imposed the law on the Israelites because they were sinful. Were they the only sinful people on the earth? Why was the law given to the Israelites?

Deuteronomy 6:20-24 – “When your son asks you in time to come, saying, ‘what is the meaning of the testimonies, the statutes, and the judgments which Yahuah our Aluah has commanded you?’ then you shall say to your son: ‘We were slaves of Pharaoh in Egypt, and Yahuah brought us out of Egypt with a mighty hand; and Yahuah showed signs and wonders before our eyes, great and severe, against Egypt, Pharaoh, and all his household. Then He brought us out from there, that He might bring us in, to give us the land of which He swore to our fathers. And Yahuah commanded us to observe all these statutes, to fear Yahuah our Aluah, for our good always, that He might preserve us alive, as it is this day.”

Yahuah knew that this question was going to arise, so believers must be prepared to provide the answer. All of Justin Martyr's arguments can be contradicted by the scriptures. Yahuah said in the scriptures that “I gave them my Sabbaths that they might be a sign between Me and them that they might know that I am Yahuah that makes them holy.”

Paul said that circumcision is the seal of the righteousness of the faith. It is the trophy of Abraham's faith. Yahuah initiated circumcision when He entered into covenant with Abram and changed his name, because he would be the father of many nations. Circumcision could not be put on a higher pedestal. It represents the faith in the covenant and the prophecy that Gentiles would be grafted into Israel to become Abraham's children. The word is the tree of life. Satan has come in and flipped everything up side down.

Justin Martyr has taken scripture to justify his position, but it is necessary to go to the scripture to learn what it actually means and its context. Regarding transgressions, he is quoting the Apostle Paul.

Galatians 3:19 – “What purpose then does the law serve? It was added because of transgressions, till the Seed should come to whom the promise was made; and it was appointed through angels by the hand of a mediator. But before faith came, we were kept

under guard by the law, kept for the faith which would afterward be revealed. Therefore, the law was our tutor to bring us to the Messiah, that we might be justified by faith.”

Justin was using this statement entirely different from what Paul was talking about. The law kept the Israelites under guard like a guardian to raise, protect and discipline children in the faith of Yahuah and bring them to the Messiah who would come with the Holy Spirit to lead the people into all truth. The law points people to Yahusha

Justin Martyr is saying that the law is inflicted upon the people as a curse of bondage by wicked men and demons. These are ideas of demonic origin which is causing serious eternal consequences for most believers today. It is very sad.

5. Roman Catholic Church Outlaws the Sabbath

In the third century, Victorinus of Pettau, produced a work called, On the Creation of the World, a commentary on the Genesis account. The creation account in the Bible includes the creation and the sanctification of the Sabbath by Yahuah. Pettau continues to instruct Christians to hate the Jews and their laws.

“This sixth day is called the parasceve, that is to say, the preparation of the kingdom. And let the parasceve become a rigorous fast, lest we should appear to observe any Sabbath with the Jews, which Christ Himself, the Lord of the Sabbath, says by His prophets that “His soul hateth;” which Sabbath He in His body abolished,

Victorinus of Pettau, On the Creation of the World

The Jews do not fast on the preparation day or the Sabbath. They usually fast on days between Mondays and Thursdays. This is another example of the vile infectious disease of separation of Christians from the Jews and their laws, spreading in the Church. He justifies this idea with the scriptures. He is quoting from Isaiah 1, but he is completely distorting it. Yahuah does not like Sabbaths when the holy is mixed with the profane. He claims Yahusha abolished the Sabbath. When a belief is stated strongly, it is perceived as coming from a sophisticated, powerful leader, who is a great Bible scholar; that wins converts. But they are telling people to stay away from the Jews and their laws and Sabbaths. Then those ideas are spread to others.

In the fourth century, these ideas began to become fixed in Church doctrine.

Eusebius of Caesarea

A prolific Bible scholar and historian in the fourth century and a formidable apologist.

Historia Ecclesiastica

“If anyone should assert that all those who have enjoyed the testimony of righteousness, from Abraham himself back to the first man, were Christians in fact if not in name, he would not go beyond the truth. For that which the name indicates, that the Christian man, through the knowledge and the teaching of Christ, is distinguished for temperance and righteousness, for patience in life and manly virtue, and for a profession of piety toward the one and only God over all – all that was zealously practiced by them not less than by us.”

“They did not care about circumcision of the body, neither do we. **They did not care about observing Sabbaths, nor do we.** They did not avoid certain kinds of food, neither did they regard the other distinctions which Moses first delivered to their posterity to be observed as symbols; nor do Christians of the present day do such things.”

Eusebius, Ecclesiastical History, Bk 1, Ch 4

He is saying that everything the righteous patriarchs did, we are doing today. He is correct. The rest is a careless and reckless statement, especially for an honored scholar. Even modern day scholars would hesitate to make such a statement. Patriarchs before Abraham did not have the sign of circumcision. Noah never hesitated to do the will of Yahuah, to walk in righteousness. There is no evidence in the scripture that they did not keep the Sabbath. Noah was told to distinguish between clean and unclean animals. Yahuah said that Abraham kept His commandments, statutes and laws (Genesis 26).

Eusebius’ definition of Christianity is unrecognizable from where it began. In Acts 11, the believers were Jewish. Christianity is totally different today. Now the term is synonymous with those who reject the law. This is why Jews don’t want to become Christians. Christians claim that the law was abolished by Yahusha. Satan’s strategy is to separate believers from the law of the Jews to disqualify them for the kingdom. He has turned the grace of Yahuah into wickedness.

The Christians were horrifically persecuted before the fourth century, until Constantine became Emperor of Rome. He is the most renowned and celebrated of the emperors of Rome. He gave Christians a whole new relationship with the Romans. He proclaimed the Edict of Milan in 313 AD

Lucius Lactantius was an early Christian author who became an advisor to Roman emperor, Constantine I, guiding his Christian religious policy in its initial stages of emergence, and a tutor to his son Crispus. His most important work is the Institutiones Divinae, an apologetic treatise intended to establish the reasonableness and truth of Christianity to pagan critics.

Licinius was co-emperor of Rome with Constantine. They co-authored the Edict of Milan.

The Edict of Milan

“While he [Licinius] and Constantine were consuls for the third time, he commanded the following edict for the restoration of the Church, directed to the president of the province, to be promulgated: –

“When we, Constantine and Licinius, emperors, had an interview at Milan, and conferred together with respect to the good and security of the commonweal, it seemed to us that, amongst those things that are profitable to mankind in general, the reverence paid to the Divinity merited our first and chief attention, and that it was proper that the Christians and all others should have liberty to follow that mode of religion which to each of them appeared best; so that that God, who is seated in heaven, might be benign and propitious to us, and to every one under our government.”

“And therefore we judged it a salutary measure, and one highly consonant to right reason, that no man should be denied leave of attaching himself to the rites of the Christians, or to whatever other religion his mind directed him, that thus the supreme Divinity, to whose worship we freely devote ourselves, might continue to vouchsafe His favor and beneficence to us.”

“For it benefits the well-ordered state and the tranquility of our times that each individual be allowed, according to his own choice to worship the Divinity; and we mean not to derogate ought from the honor due to any religion or its votaries.”

– **Lactantius, of the manner in which the persecutors died, (ch XLVIII)**

For the first time in the history of Rome, the Christians were given protection and encouraged to grow. They grew rapidly and organized worldwide. This edict brought freedom and liberty to the Christians, but it wasn't only about Christians. It was about all religions. They were all to be given religious liberty to foster peace and harmony throughout the land. How did that work out? It didn't last very long. All religions are mutually antagonistic. Especially if one follows Yahuah and another is inspired by Satan. Freedom of religion in the U.S. constitution was only for different denominations of Christians, not pagans. Christians fought a war against the pagan Indians, and people of different pagan religions today are fighting against Christians. The Supreme Court declared in 1860 that it was illegal to operate a private school that did not teach the Bible, because America was founded on Jesus Christ.

Christians in Rome began to focus on controlling the doctrine of the Church, to determine who they would accept as members and who they would declare anathema and kill.

1. Council of Ancyra, AD 314
2. Council of Nicea, AD 325
3. Council of Gangra, AD 340
4. Council of Antioch in Encaeniis, AD 341
5. Council of Laodicea, AD 363-4
6. The First Council of Constantinople, AD 381

This is the platform that Constantine created and formed the ideology of the Catholic Church which is still followed by most Churches today.

The Council of Nicea, On the Keeping of Easter

“At this meeting the question concerning the most holy day of Easter was discussed, and it was resolved by the united judgment of all present, that this feast ought to be kept by all and in every place on one and the same day. For what can be more becoming or honorable to us than that this feast from which we date our hopes of immortality, should be observed unfailingly by all alike, according to one ascertained order and arrangement?”

“And first of all, it appeared an unworthy thing that in the celebration of this most holy feast, we should follow the practice of the Jews, who have impiously defiled their hands with enormous sin, and are, therefore, deservedly afflicted with blindness of soul. For we have in our power, if we abandon their custom, to prolong the due observance of this ordinance to future ages, by a truer order, which we have preserved from the very day of the passion until the present time. **Let us then have nothing in common with the detestable Jewish crowd**; for we have received from our Savior a different way.”

“You should consider not only that the number of churches in these provinces make a majority, but also that it is right to demand what our reason approves, and that **we should have nothing in common with the Jews**. To sum up in few words: By the unanimous judgment of all, it has been decided that the most holy festival of Easter should be everywhere celebrated on one and the same day, and it is not seemly that in so holy a thing there should be any division.”

Eusebius of Caesaria, The Life of the Blessed Emperor Constantine, Ch XVII

He is not talking about Passover. He is referring to Ishtar, the goddess of fertility. A celebration that was tied explicitly to the spring equinox and it was only on one day. The Feast of Unleavened Bread is seven days long. It was vile separation from Jewish law as their motive. These are the words of Satan to disqualify Christians from entering the kingdom of heaven. It has affected the Christian Churches for 1700 years. He is saying that resistance to this law is futile.

The Council of Laodicea

Catholic CANON XXXVII – “It is not lawful to receive portions sent from the feasts of Jews or heretics, nor to feast together with them.”

Catholic CANON XXXVIII – “It is not lawful to receive unleavened bread from the Jews, nor to be partakers of their impiety.”

Catholic CANON XXIX – “**Christians must not judaize by resting on the Sabbath, but must work on that day**, rather honoring the Lord’s Day; and, if they can, resting then as Christians. But if any shall be found to be judaizers, let them be anathema from Christ.”

Obviously Christians were still keeping the laws of Yahuah. Why are they making canonical law outlawing the feasts of Yahuah, if the Christians were not actually keeping them? They were dealing with conflicts of the day. There were still believers keeping the Sabbaths and the feasts. They could not use any stronger language against the Sabbath. The term “Christians” has been twisted upside down. By obeying these pagan laws, Christians became pagans, being disqualified for entrance into the kingdom of heaven. The devil absolutely fears and hates the Sabbath and comes out violently against it. He is putting the name of Jesus on pagan practices.

THE CONVERTS CATECHISM OF CATHOLIC DOCTRINE, 1900 AD

Q: Which day is the Sabbath day?

A: Saturday is the Sabbath day?

Q: Why then do we observe Sunday instead of Saturday?

A: We observe Sunday instead of Saturday because the Catholic Church, with the Council of Laodicea (363-364) transferred the solemnity from Saturday to Sunday.

Q: Have you any other way of proving that the church has power to institute festivals of precept?

A: Had she not such power, she could not have done that in which all modern religionists agree with her, she could not have substituted the observance of Sunday, the first day of the week, for observance of Saturday the seventh day, **a change for which there is no Scriptural authority.**

Abridgement of Christian Doctrine, by Henry Tuberville, Douay College, France

Q: How prove you that the Catholic church has the power to command feasts and holy days?

A: By the very act of changing the Sabbath into Sunday, which Protestants allow of and therefore they fondly contradict themselves by keeping Sunday strictly, and breaking most other feasts commanded by the same church.

Q: How prove you that?

A: Because by keeping Sunday, they acknowledge the churches power to ordain feasts, and to command them under sin, and by not keeping the rest of the feast days by her command, they again deny, in fact the same power.

Plain Talk about Protestantism of Today, by Monsignor Segur, 1868, Pt 3, pg 225

“It was the Catholic Church which by the authority of Jesus Christ, has transferred this rest to Sunday in remembrance of the resurrection of our Lord. Thus the observance of Sunday by the Protestants is a homage they pay, in spite of themselves, to the authority of the Catholic Church.”

There is only one who can call things holy, Yahuah the Al Shaddai of Israel. The Catholic Church is claiming the authority of Yahuah. How can the Protestants claim to be separate from the Catholic Church, when they worship on pagan holy days established by the authority of the Catholic Church.

Christians should not make the mistake of assuming that since most of the Christians are worshiping on Sunday, they can't all be wrong. Truth is established by the scriptures, and most Christians are going to suffer for ignoring the word. It is astonishing how extremely educated teachers could continue to practice this great sin of violating one of Yahuah's most important commandments.

6. Modern Commentary on the Sabbath

CATECHISM OF THE CATHOLIC CHURCH

#345 – The Sabbath, the end of the work of the six days.

The sacred text says that “on the seventh day God finished his work which he had done,” that the heavens and the earth were finished, and that God ‘rested’ on this day and sanctified and blessed it. These inspired words are rich in profitable instruction:

#346 – In creation God laid a foundation and established laws that remain firm, on which the believer can rely with confidence, for they are the sign and pledge of the unshakable faithfulness of God's covenant. For his part man must remain faithful to this foundation and respect the laws which the Creator has written into it.

#347 – Creation was fashioned with a view to the Sabbath and therefore the worship and adoration of God. Worship is inscribed in the order of creation. As the rule of St. Benedict says; nothing should take precedence over the work of God, that is, solemn worship. This indicates the right order of human concerns.

#348 – The Sabbath is at the heart of Israel’s law. To keep the commandments is to correspond to the wisdom and the will of God as expressed in His work of creation.

#349 – **But for us a new day has dawned; the day of Christ’s Resurrection.**

Everything that was created was to lead to worship on the Sabbath. A new day did dawn with the resurrection of Yahusha. It was prophesied by the prophets. But it did not change the Sabbath.

Amos 9:11 – “On that day I will raise up the tabernacle of David, which has fallen down, and repair its damages; I will raise up its ruins, and rebuild it as in the days of old;”

Rabbi Nahman said to Rabbi Isaac, “Have you heard when the son of the fallen one will come?” He said to him, “Who is the son of the fallen one?” He said to him, “It is the Messiah.” “Do you call the Messiah the son of the fallen one?” He said to him, “Yes, for it is written, ‘On that day I will raise up the tabernacle of David, the fallen one.’”

Babylonian Talmud Sanhedrin 97a

The new day after the resurrection was clearly described in the Old Testament scriptures. And Yahusha’s resurrection did establish a new covenant with better promises. It provided forgiveness of sins, the indwelling of the Holy Spirit, and the law written on the hearts of men. But it cannot be found anywhere that the Sabbath was changed to Sunday or called the Lord’s Day.

Hebrews 7:15,16 – “And it is yet far more evident if, in the likeness of Melchizedek, there arises another priest who has come, not according to the law of a fleshly commandment, but according to the power of an endless life.”

Hebrews 8:2,6 – “a Minister of the sanctuary and of the true tabernacle which Yahuah erected, and not man.... But now He has obtained a more excellent ministry, inasmuch as He is also Mediator of a better covenant, which was established on better promises.”

Hebrews 9:15 – “And for this reason He is the Mediator of the new covenant, by means of death, for the redemption of the transgressions under the first covenant, that those who are called may receive the promise of the eternal inheritance.”

This is what it means for a new day to dawn at a biblical level. Where does the catechism get the idea that the Sabbath was changed? From Justin Martyr!

Catechism #2174 – Jesus rose from the dead “on the first day of the week.” Because it is the “first day,” the day of Christ’s Resurrection recalls the first creation. Because it is the “eighth day” following the Sabbath, it symbolizes the new creation ushered in by Christ’s Resurrection. For Christians it has become the first of all days, the first of all feasts, the Lord’s Day. – Sunday: **We all gather on the day of the sun**, for it is the first day [after the Jewish Sabbath, but also the first day] when God, separated matter from darkness, made the world; and on this same day Jesus Christ our Savior rose from the dead.”

The eighth day represents eternity. This idea that the resurrection started eternity is not found in the gospels. This is a direct quote from Justin Martyr. The second coming and the resurrection and judgment of all people starts the eternal age.

“But Sunday is the day on which we all hold our common assembly, because it is the first day on which God, having wrought a change in the darkness and matter made the world; and Jesus Christ our Savior on the same day rose from the dead.”

The First Apology of Justin Martyr (Ch LXVII)

The lawlessness that Justin Martyr has lead Christianity into is astonishing. The resurrection has not changed our responsibility to keep the Sabbath any more than any other commandment. This is a classic strategy by Satan to lead believers into lawlessness, to disqualify them from entering the kingdom of heaven. The devil loves to take scriptural truth to justify lawlessness. Yahusha was not resurrected on the first day of the week. He was resurrected during the night of the Sabbath, before the women found the empty grave, before sunrise of the first day.

“Mithraism had so much acceptance, that it was able to impose on the Christian world its own “Sun”- day in place of the Sabbath; its Sun’s birthday, 25th of December, as the birthday of Jesus.”

Gilbert Murray, History of Christianity in the Light of Modern Knowledge, Ch III

Christianity developed more than 200 years BC, under the umbrella of the Roman Empire which was immersed in Mithraism or the worship of the sun gods, Christos

Mithras and Christos Serapis. In the first century, the believers in Yahusha were not called Christians; that is a Greek term.

The edict of Constantine was to promote freedom for all religions. But it forced believers of Yahusha into the pagan Christianity of Mithraism. The Christians were forced to adopt the birthday of the Sun God as the birthday of Jesus. The Bible says that Yahusha was born on the first day of the Feast of Tabernacles, which occurs near the beginning of October. Why are the Christians today celebrating His virgin birth on December 25th?

Mithra was also supposedly born of a virgin, and the Eucharist was also a Mithraic practice. The most religions in America are similar to the pagan religion that Constantine created. Is there evidence of other religions infiltrating the Church? Churches are now adopting the practices of Islam, praying to Allah. Any time a believer adopts some pagan practice, they will always sacrifice the truth, the commandments of Yahuah, who forbids such practices. Examples include observing the day of the sun god instead of the Sabbath, Easter instead of Passover and Thanksgiving and Christmas instead of the Feast of Tabernacles. Sunday became a law of the empire.

“On the venerable day of the Sun let the magistrates and people residing in cities rest, and let all workshops be closed.” **Constantine, March 7th, 321 AD**

Constantine does not call the day of the Sun, the “Lord’s Day.” The sun gods were also called “Christos” for thousands of years and Christianity began in Alexandria, Egypt hundreds of years BC with the worship of the sun god, Serapis Christos. This is what Constantine meant by Christians.

Catechism #2175 – Sunday is expressly distinguished from the Sabbath which it follows chronologically every week; for Christians, its ceremonial observance replaces that of the Sabbath. Those who lived according to the old order of things have come to a new hope, no longer keeping the Sabbath, but the Lord’s Day, in which our life is blessed by him and by his death.”

This is a direct quote from Ignatius. They are justifying this change without going to scripture. They are following the lawlessness of the second century church leaders, Ignatius and Justin Martyr.

Catechism #2176 – “The celebration of Sunday observes the moral commandment inscribed by nature in the human heart to render to God an outward, visible, public, and regular worship “as a sign of his universal beneficence to all.”

It is not inscribed by the Holy Spirit or scripture, it is inscribed by nature. What nature are they talking about? It must be humanism. Believers worshiping on Sunday are making a public declaration of their lawlessness. Believers are in a spiritual war with Satan of eternal magnitude. It is time now to recognize it and get prepared to go to war to defend the truth in love.

Catechism #2190 – “The Sabbath, which represented the completion of the first creation, has been replaced by Sunday which recalls the new creation inaugurated by the Resurrection of Christ.”

Christians are reliving the story of Jeroboam. He became the king of Israel after the death and fall of Solomon into paganism. Solomon built alters for demons and offered sacrifices to them. Solomon’s son, Rehoboam, became king of Judah. Yahuah promised Jeroboam eternal favor if he would be obedient to the commandments.

1 Kings 12:26,28-32– “And Jeroboam said in his heart, “Now the kingdom may return to the house of David: If these people go up to offer sacrifices in the house of Yahuah at Jerusalem, then the heart of this people will turn back to their lord, Rehoboam, king of Judah, and they will kill me and go back to Rehoboam king of Judah.” ...

“Therefore, the king asked advice, made two calves of gold, and said to the people, ‘It is too much for you to go up to Jerusalem. Here are your gods, O Israel, which brought you up from the land of Egypt!’ and he set one up in Bethel, and the other he put in Dan.”

“Now this thing became a sin, for the people went to worship before the one as far as Dan. He made shrines on the high places, and made priests from every class of people, who were not of the sons of Levi.”

“Jeroboam ordained a feast on the fifteenth day of the eighth month, like the feast that was in Judah, and offered sacrifices on the alter. So he did at Bethel, sacrificing to the calves that he had made. And at Bethel he installed the priests of the high places which he had made.”

According to the Torah, there is only one place to sacrifice to Yahuah, the temple in Jerusalem, the place where Yahuah had written His name. Fear was driving Jeroboam to violate the commandments. Fear of losing His life, fear of losing his kingdom. All believers that attempt to keep the commandments, will be persecuted with fear. This message is from the mouth of the dragon. The world thinks the commandments of Yahuah are a burden and a curse, because this is the message from Satan. The Israelites were told to make the same golden calves by Satan when they were at Mt Sinai in the exodus from Egypt.

Satan always offers to make your life easier. But narrow is the path and difficult is the way that leads to the gate to life in the kingdom of heaven, which requires obedience. All these practices were forbidden by the Torah. He is ordaining holy days. This is an image of what Satan does. As it says in Corinthians, the things that happened before, are examples for us today that we may not fall as they did into disobedience. When believers read these stories, they should apply them to their life today. The dragon has come and ordained his own holy days and feasts of Sunday, Easter and Christmas. The Christian Church is still observing the same pagan holidays today.

2 Chronicles 11:15,16 – “Then he appointed for himself priests for the high places, for the demons, and the calf idols which he had made. And after the Levites left, those from all the tribes of Israel, such as set their heart to seek Yahuah, Aluah of Israel, came to Jerusalem to sacrifice to Yahuah, Aluah of their fathers.”

There was a remnant that did not go to worship the idols with the majority of the people, but obeyed the commandments of Yahuah. There is always a remnant. It is encouraging to see believers who are willing to go against the status quo and be obedient to Yahuah no matter what the cost.

Revelation 18:4 – “And I heard another voice from heaven saying, “Come out of her, my people, lest you share in her sins, and lest you receive of her plagues.”

This is the call that Messianic believers are following today to pull their friends out of pagan sun god worship and from the fire of eternity.

7. The History of Satan’s Laws Against the Sabbath

Every generation there is a remnant that has obeyed the commandments of Yahuah. The majority of Christians today don’t believe that Christians ever kept the Sabbath. This is nothing new. The New Testament scriptures tell a different story. The Gentile believers were in the synagogue on the Sabbath. In Acts 15, the expectation was that the Gentiles would learn the commandments of Moses in the Synagogue on the Sabbath.

Catholic XXIX – “Christians must not judaize by resting on the Sabbath, but must work on that day, rather honoring the Lord’s Day; and, if they can, resting then as Christians. But if any shall be found to be judaizers, let them be anathema from Christ.”

The Council of Laodicea, Catholic Church, 4th Century

In the eyes of the Church, they had the problem of Christians who were keeping the Sabbath.

“When Christianity became the official religion of the Roman Empire, the Nazarenes were persecuted because they observed the seventh-day Sabbath. Their Synagogues were closed, their books were burned, and they were forced underground.”

Nehemiah Gordon, A prayer to Our Father, Hebrew University

Pope Gregory Condemns Keepers of the Sabbath

To the Roman Citizens.

Gregory, servant of the servants of God, to his most beloved sons the Roman citizens. It has come to my ears that certain men of perverse spirit have sown among you some things that are wrong and opposed to the holy faith, so as to forbid any work being done on the Sabbath day. What else can I call these but preachers of Antichrist, who, when he comes, will cause the Sabbath day as well as the Lord’s day to be kept free from all work.

For because he pretends to die and rise again, he wishes the Lord’s day to be had in reverence; and, because he compels the people to judaize that he may bring back the outward rite of the law, and subject the perfidy of the Jews to himself, he wishes the Sabbath to be observed.

Pope Gregory, (590-604), Bk XIII, Ep 1

In the 7th century, there were still Christians keeping the Sabbath. They were going out and preaching the Sabbath to their fellow Christians. Their reputation was so great that it reached the level of the Pope. They are persecuted for obedience to the laws of Yahuah. The Pope is saying that the Sabbath is the mark of the beast. Woe to those who call good evil. This is the method of Satan. He always take light and calls it darkness, and take darkness and call it light. This is evidence that the Pope is the Antichrist. The Pharisees called Yahusha evil for healing people and casting out demons on the Sabbath. They claimed He did it with the power of Satan.

The Pope is talking about the Antichrist. He is saying that it is Satan who wants people to keep the law. The fruit of this ideology is in the Church today. Christians are running away from the Sabbath. When they hear law, they think it is a curse and don’t want to talk about it.

Daniel 8 prophesied the coming of Antiochus IV, Epiphanes, an antichrist of 175 BC,

1 Maccabees 1:41-49 – “Then the king [Antiochus] wrote to his whole kingdom that all should be one people, and that all should give up their particular customs. All the Gentiles accepted the command of the king. Many even from Israel gladly adopted his religion; they sacrificed to idols and profaned the Sabbath.”

“And the king sent letters by messengers to Jerusalem and the towns of Judah; he directed them to follow customs strange to the land, to forbid burnt offerings and sacrifices and drink offerings in the sanctuary, to profane Sabbaths and festivals, to defile the sanctuary and the priests, to build alters and sacred precincts and shrines for idols, to sacrifice swine and other unclean animals, to leave their sons uncircumcised. They were to make themselves abominable by everything unclean and profane, so that they would forget the law and change all the ordinances.”

Many from Israel were deceived by the antichrist. This is what happened at the tower of Babel. There was only one language and one economy. Today there is a push for one world government. This is the spirit of antichrist. The UN is attempting to create it. Believers know these things because of the stories in the scriptures. The Holy Spirit is leading believers into all truth.

In Genesis 11, the people attempting to come together, prompted Yahuah to come down. What is happening today shows how close the end is. The prophesy of Zachariah 14 is happening right now. The spirit of antichrist is moving.

Antiochus offered to pay people to switch religions. Satan’s ultimate goal is to get everyone to disobey the law, so that they will be disqualified for entrance into the kingdom of heaven.

2 Maccabees 6:1,2,6 – “Not long after this, the king sent an Athenian senator to compel the Jews to forsake the laws of their ancestors and no longer to live by the laws of Yahuah; Also to pollute the temple in Jerusalem and to call it the temple of Olympian Zeus, and to call the one in Gerizim the temple of Zeus-the-frend-of-Strangers, as did the people who lived in that place.”...

People could neither keep the Sabbath, nor observe the festivals of their ancestors, nor so much as confess themselves to be Jews.

1 Maccabees 1:56,57 – “The books of the law that they found they tore to pieces and burned with fire. Anyone found possessing the book of the covenant, or anyone who adhered to the law, was condemned to death by decree of the king.”

What does the antichrist hate? The believer’s possession of the Torah and obedience to the commandments. He will do whatever it takes to take it from him, including death. These are the same laws enacted by the Roman Catholic Church in he 4th Century and followed today by most churches.

1 Maccabees 1:62,63 – “But many in Israel stood firm and were resolved in their hearts not to eat unclean food. They chose to die rather than to be defiled by food or to profane the holy covenant, and they did die.”

There was an old, pious scribe by the name of Eleazar living at that time. To understand the mode of operation of the antichrist, the Seleucid soldiers took handfuls of pork and forced it into the mouths of people who refused to eat it. Eleazar was resolved to obey the commandments of Yahuah, and spit out the pork. He would rather die than compromise the commandments. What the Devil wants to do is defile the temple of Yahuah, which is the body of the believer. He will do it by deception or by force. Believers must be prepared to resist. Believers are called to make a decision between what is holy and what is profane. Millions of people were also killed by the Catholic church for possessing Bibles or obey its laws.

Ezekiel 22:26 – “Her priests have violated My law and profaned My holy things; they have not distinguished between the holy and the unholy, nor have they made known the difference between the unclean and the unclean; and they have hidden their eyes from My Sabbaths, so that I am profaned among them.”

The primary responsibility of the priests was to teach the word of Yahuah. They were the shepherds of the flock. When the shepherds stop teaching what is unholy, the enemy comes in and destroys them. Believers profane Yahuah by not observing the Sabbath.

Antiochus Epiphanes:

- Banned the study or observance of Torah
- Banned the observing of biblical “feast days”
- Forced the people to eat unclean food
- Banned them from observing the Sabbath day

Believers today would not have any problem obeying these laws of Antiochus or the future Antichrist.

If believers were found in possession of the Torah, they would have burned it and the believer killed. The devil hates the Torah and the possession of it. He wants believers to become defiled by disobeying the Torah. **Every one of these abominations have been embraced by modern Christians.** All of these issues were advocated by the early church leaders, such as Ignatius, Justin Martyr, and Constantine. Satan has deceived most Christians into practicing a pagan religion.

If believers would read their Bibles, they would see the Devil at work, moving against the believers. The Bible teaches what is right and wrong, clean and unclean. It tells the believer everything the Devil doesn't want them to know.

Daniel 7:25 – “He shall speak pompous words against the Most High, shall persecute the saints of the Most High, and shall intend to change times and law.”

The story of Hanukkah in the book of Maccabees, tells of Antiochus going into the temple and desecrating it. And the Catholic Church has done exactly what Daniel prophesied.

Revelation 12:4,7 – “His tail drew a third of the stars of heaven and threw them to the earth. ... And war broke out in heaven; Michael and his angels fought with the dragon; and the dragon and his angels fought, but they did not prevail, nor was a place found for them in heaven any longer. So the great dragon was cast out, that serpent of old, called the Devil and Satan, who deceives the whole world; he was cast to the earth, and his angels were cast out with him.”

Isaiah 9:15 – “The prophet who teaches lies, he is the tail. The Devil is a liar and the father of it.

The Devil causes believers to wander from the truth. Satan has a supernatural ability to deceive. A third of the angels in heaven were deceived into following his rebellion; Angels who were perfect and lived in the glory of Yahuah. He was able to seduce them to fight for him to attempt to overtake the throne of Yahuah. He did it by lying to them. How is that possible? If he deceived angels, he can easily deceive the Church. It is easy to see that the enemy is in the camp. Believers need to wake up, because the Devil is working from the inside of the Church.

2 Peter 2:1 – “But there were also false prophets among the people, even as there will be false teachers among you, who will secretly bring in destructive heresies, even denying Yahusha who bought them, and bring on themselves swift destruction.”

Cicero:

“A nation can survive its fools, and even the ambitious. But it cannot survive treason from within. An enemy at the gates is less formidable, for he is known and carries his banner openly. But the traitor moves amongst those within the gate freely, his sly whispers rustling through all the alleys, heard in the very halls of government itself. For the traitor appears not a traitor; he speaks in accents familiar to his victims, and he wears

their face and their arguments, he appeals to the baseness that lies deep in the hearts of all men. He rots the soul of a nation, he works secretly and unknown in the night to undermine the pillars of the city, he infects the body politic so that it can no longer resist. A murderer is less to fear. The traitor is the plague.”

The plague has entered the church, so believers have to fight back. Now homosexuals are running the churches as pastors and priests.

Romans 6:16 – “Do you not know that to whom you present yourselves slaves to obey, you are that one’s slaves whom you obey, whether of sin leading to death, or of obedience leading to righteousness?”

When believers confess Yahusha as the savior, they become slaves of righteousness.

“Abiding under the power of any known **sin is a mark** of our being the servants of sin, for ‘his servants you are to whom you obey.’”

Charles Spurgeon, What is it to win a Soul?

Lawlessness is sin, and sin is a mark The antichrist wants to take away the Bible because it defines what sin is. When the Sabbath is studied, it is obvious that it is not just about one commandment. It serves as a gateway to broader understanding. It is bigger than the feasts. It is an issue of truth, Yahuah’s word as a whole”

8. Modern Church Scholars Against the Sabbath

How do believers today deal with the Church abandoning the Sabbath for Sunday?

Why do Christians Worship on Sunday? By Dr. Grant Jeffrey

“Of all the mysteries that I have been asked about over the years, the question of whether Christians should worship on Sunday or on Saturday has perplexed and bothered more believers than any other question in my experience. It is very unfortunate that so few people know the truth about the question of Sunday verses Saturday worship.”

“Many Christians have been puzzled when asked to explain why the church worships God on Sunday, the first day of the week, and not on the seventh day of the week, Saturday, the ancient Sabbath day of the Jews. The Bible clearly describes God’s

command to the Jews to worship Him on the Sabbath, the seventh day of the week, Saturday”

“The early Christians began to use the expression the ‘Lord’s Day’ during the first century following the birth of the Church to refer to Sunday as our common day of worship. Revelation 1:10 is the only place in the Scripture that uses the expression ‘the Lord’s Day.’ Sunday was usually identified by the phrase ‘the first day of the week’ throughout the New Testament. (Mt 28:1, Lk 24:1, 1 Cor 16:2)”

“Outside the New Testament, the expression ‘the Lord’s Day’ appears in the early Church document known as the **Didache** (AD 100-110), which includes this statement. ‘On the day of the resurrection of the Lord, that is, the Lord’s day, assemble yourselves together.’”

“Note that this statement in an early Church document, the Didache, only eighty years after Christ's resurrection, confirms that Christians worshiped on Sunday ‘On the day of the resurrection of the Lord, that is the Lord’s day.’”

“In the centuries following Christ’s resurrection, the expression ‘the Lord’s Day’ became a common synonym for Sunday, the day of Jesus’s resurrection from the grave.”

Believers want to know why the church doesn’t obey the fourth commandment. They are troubled about why they don’t worship on the Sabbath. The church cannot defend the position, because they are disobeying the law. Jeffrey is recognizing that the issue is not settled. Notice that he is calling the Sabbath day, ancient, and only for the Jews, not for Yahuah or Christians. This is the “dual covenant” position, separating the Christians from the Jewish law; the old testament from the new. This is the center of all the arguments over keeping the laws of Yahuah. Rebuilding the wall of separation that Yahusha broke down. This is why the Christians throw away the Torah, and Jews will not listen to Christians, because they are disobeying the law.

The scripture defines the Sabbath as “the Lord’s day”

The early church erroneously adopted the name, Lord’s Day, for “the first day of the week.” That is absolutely an erroneous interpretation of the term. Since it only appears one time, in a different context, scripture does not support that interpretation. The first day of the week is not sanctified in the scripture. The scriptures were not written contemporaneously. They were written many years after the events occurred, with total understanding of what they meant. They had powerful spiritual insight into these events. If the writers believed that the first day of the week was the Lord’s Day, they would have written much about it. The only day Yahuah claims is His day, is the Sabbath.

Acts 20:7 – “Now on the first day of the week, when the disciples came together to break bread, Paul, ready to depart the next day, spoke to them and continued his message until midnight.”

Christians use this verse as factual proof that Paul was worshiping on the first day of the week, and sanctified it. Luke would not have written this way of the Sabbath, a common phrase without any reverence. He did not call it “the Lord’s Day,” because that is the Sabbath.

Revelation 1:10 – “I was in the Spirit on the Lord’s Day, and I heard behind me a loud voice, as of a trumpet”

Lord’s Day means a day belonging to Yahuah. The only day we know that belongs to Yahuah, is the Sabbath day. That is consistent throughout the entirety of the word. Yahuah always talks about the Sabbath as belonging to Him. He says, “You shall hallow My Sabbaths.” They belong to Him. Dr. Jeffrey’s explanation does not exist anywhere in the scriptures. Jeffrey misquotes the Didache. The phrase ‘on the day of the resurrection of the Lord,’ does not exist. It would actually be talking about the Sabbath:

Didache 14:1 – “But every Lord’s day do ye gather yourselves together, and break bread, and give thanksgiving after having confessed your transgressions, that your sacrifice may be pure.”

The resurrection was on the Sabbath, not the first day of the week. Especially since the day begins and ends at Sunrise, not in the evening. At twilight, as the first day was dawning, before it began, Yahusha was already resurrected. The women did not see the stone being rolled away. It happened sometime during the night of the Sabbath.

During the time of the writing of the Didache, there were many heresies entering the church, such as Marcionism and the doctrine of the Ebionites.

Dr. Grant Jeffrey, continues:

“The early Church father Ignatius (AD 30-107) was a disciple with Polycarp under the spiritual direction of the Apostle John, their bishop. In the non-canonical book the Epistle of Ignatius to the Magnesians (AD 101), Ignatius twice used the expression ‘the Lord’s Day’ as a reference for Sunday as the common day of Christian worship. Ignatius wrote: ‘After the observance of the Sabbath, let every friend of Christ keep the Lord’s Day as a festival, the resurrection-day, the queen and chief of all days (of the week).’”

“Did the Early Church Worship on Saturday or Sunday? – Over the last few centuries a variety of groups, including Seventh Day Adventists and Seventh-Day Baptists, have claimed that Christians have sinfully abandoned the true Saturday worship of God’s

biblically authorized Sabbath and adopted Sunday worship, thus ‘changing the times and laws’ of God. They claim that God commanded believers to worship on Saturday and never changed that command.”

“Further, they claim that the early Church unanimously worshipped together on the Saturday Sabbath for many decades or even centuries until Church leaders arbitrarily changed the day of worship to Sunday without any command or authorization from God.”

“Some anti-Sunday worship writers have **falsely claimed** that the Church initially worshipped on the Saturday Sabbath for almost three centuries until it was suddenly changed to Sunday when Emperor Constantine, the head of the Roman Empire, issued a decree in AD 321. This claim that the Church worshipped for centuries on Saturday and then abruptly switched to Sunday as a result of Emperor Constantine is false.”

“The controversy over Saturday or Sunday worship has often confused Christians who do not have access to difficult-to-find books that provide accurate details about the history of the early Church. The truth is that the church never ‘changed’ the day of worship from Saturday to Sunday. From the very beginning of the Church, following the resurrection of our Lord Jesus Christ, both Jewish and Gentile Christians celebrated communion together on Sunday. The truth is that immediately following Christ’s resurrection, His disciples and followers began to worship on Sunday, the first day of the week, because this was the day that Jesus rose from the grave: ‘Now on the first day of the week Mary Magdalene went to the tomb’ (John 20:1)”

“Three specific New Testament texts refer to the early church worshipping on Sunday, ‘the first day of the week,’ as the normal day of Christian worship. (1 Cor 16:1,2; Acts 20:7; John 20:1)”

Ignatius is the writer that commanded all believers to forsake the Sabbath and condemned anyone who would keep the Sabbath as a heretic. He called them sinners who are idle and refuse to work on the Sabbath, using the same words as the Pharaoh of Egypt. These are clearly Satan’s words.

Jeffrey is asking a ridiculous question about Sabbath keeping Christians, because the answer is so obvious in the scriptures, that believers did keep the Sabbath. It is obvious that Christians have sinfully abandoned the Sabbath, and that the Catholics proudly claim that they have the authority to change the times and laws of the Bible. There is nowhere in scripture that Yahuah has abolished the Sabbath and established another holy day.

But there are many sincere Christians who have no knowledge of the Sabbath. There are examples of reverent people in the Bible who made mistakes out of ignorance. But they repented when they were informed of their violation of the law. There is a vast difference between ignorance and rebellion. It is the responsibility of those that know the truth to proclaim it in humility and love.

The scriptures are clear that believers were persecuted for worshiping on the Sabbaths. And the church councils had to create laws against it for hundreds of years. Jeffrey implies that this is a foolish opinion, rather than historical fact. It is wonderful for believers to worship Yahuah every day of the week. But the Sabbath day is holy to Yahuah. The problem is abandoning Yahuah's commandments and creating new ones. Only Yahuah has the authority to establish holy days.

It is true that some believers were abandoning the Sabbath for Sunday beginning in the second century, preceding Constantine's edict by more than 100 years. The evidence is listed above. But Constantine had the significant effect of unifying the Church's positions on a worldwide scale. This is when persecution began over the issue of law, replacing the policy of killing all Christians.

It is irrelevant that believers have access to books on early church history, because the Bible is the only text necessary to learn that the Sabbath is still holy today. The problem is that most churches have been worshiping on Sunday as a tradition for 1700 years. Most people are emotionally attached to that tradition, along with their family and friends. They also trust their leaders or don't read the Bible. His statements about the early church celebrating communion on Sunday is obviously false according to scriptures listed above. But, of course, they ate together every day of the week. Christian leaders ignore the Bible and look for any reason to justify the tradition imposed on them on pain of death, 1700 years ago.

Acts 2:46 – “So continuing daily with one accord in the temple, and breaking bread from house to house, they ate their food with gladness and simplicity of heart,”

This does not make every day a Sabbath. John 20:1, has nothing to do with the Sabbath. Mary was simply visiting the tomb after the Sabbath and Yahusha had already arisen during the Sabbath.

1 Corinthians 16:2 – “On the first day of the week let each one of you lay something aside, storing up as he may prosper, that there be no collections when I come.”

Notice again, that this has nothing to do with the Sabbath. It does not say the Lord's Day. Paul is emphasizing that believers should make tithing a high priority in their life. This is a biblical concept. They have to do that during the week, especially if they have to sell animals or agriculture products, to have money for a tithe offering when Paul arrives.

Leviticus 23:10,11 – “Speak to the children of Israel, and say to them:’When you come into the land which I give to you, and reap its harvest, then you shall bring a sheaf of the

firstfruits of your harvest to the priest. He shall wave the sheaf before Yahuah, to be accepted on your behalf; on the day after the Sabbath the priest shall wave it.”

Leviticus 23:14 – “You shall eat neither bread nor parched grain nor fresh grain until the same day that you have brought an offering to your Aluah; it shall be a statute forever throughout your generations in all your dwellings.”

Believers are not to partake of what Yahuah has given us until He gets His portion. It has nothing to do with the Sabbath. And Sunday worship didn't exist until the second century. The disciples broke bread every day of the week. The first day of the week has nothing to do with worship on the Sabbath.

“The first day. Might reflect the biblical principle of devoting the first of one's earnings to Aluah, although payment was by day rather than by week or it might recall Jesus's resurrection. Christians also may have met on the first day of the week, in honor of Jesus' resurrection, although our first explicit evidence for this role for Sunday comes from the second century at the earliest, half a century after Paul's Letter. In keeping with one's income, this kind of giving fits biblical models.

NIV, Cultural Backgrounds Study Bible

Acts 20:7 – “Now on the first day of the week, when the disciples came together to break bread, Paul, ready to depart the next day, spoke to them and continued his message until midnight.”

John 20:1 – “Now on the first day of the week Mary Magdalene went to the tomb early, while it was still dark, and saw that the stone had been taken away from the tomb.”

Notice that the tomb had been opened sometime during the night of the Sabbath and it was still dark. Since the first day of the week doesn't begin until sunrise, it was still the Sabbath when Yahusha arose from the grave. It is not possible to claim that believers began to worship Yahuah on the first day of the week. It has nothing to do with worship. Jeffrey's interpretation is ludicrous.

Luke 23:55,56 – “And the women who had come with Him from Galilee followed after, and they observed the tomb and how His body was laid. Then they returned and prepared spices and fragrant oils. And they rested on the Sabbath according to the commandment.”

Luke 24:1 – “Now on the first day of the week, very early in the morning, they, and certain other women with them, came to the tomb bringing the spices which they had prepared.”

This was written many years after the event with clear understanding of the events. Luke purposely made a distinction between the Sabbath and the first day of the week.

9. Modern Scholarship vs Scripture Evidence

The False History of Modern Scholars

Dr Jeffrey continues his false history, based on the writings of 2nd century heretics, ignoring the New Testament scriptures, which he claims are only for the Jews. He fails to realize that the early believers were mostly Jews.

Why do Christians Worship on Sunday? Dr Grant Jeffrey, continued

“During the first century historical evidence confirms that many Jewish Christians continued to worship on the Saturday Sabbath because **Christ and His disciples never instructed Jews to cease this biblically authorized practice** for Jews from the Torah. However evidence confirms that from the beginning, Jewish believers joined with their Gentile Christian brothers in worshipping at the Lord’s Supper on Sunday, the day of Christ’s resurrection. In other words, many Jewish Christians worshipped on both Saturday and Sunday.”

“Many Church writers noted the difference between the Jewish Sabbath worship and the Christian’s Lord’s Day on Sunday. An early church writer, Theodoret, wrote about the heretical Jewish Christian group called the Ebonites, who worshipped on both Saturday and Sunday. Theodoret claimed, ‘They keep the Sabbath according to the Jewish law and sanctify the Lord’s Day in like manner as we do.’”

“When Gentiles became Christians, they never began to worship on the Saturday Sabbath of the Jews. They simply began to worship on Sunday, the day of Christ’s resurrection and the day of Pentecost. Although many Jewish Christians naturally continue to observe the Saturday Sabbath in addition to their Sunday worship of communion with Gentile believers, some Jews ceased to worship in the synagogue on Saturday Sabbath.”

“It is significant that God and the Church never commanded Gentile Christians to worship on the Saturday Sabbath. Since God never placed the Gentile Christians under the Sabbath Day obligation of the Mosaic Law, they naturally continued to worship Christ on Sunday as they had from the beginning.”

“The changing demographic balance between Jewish believers and Gentile believers within the Church eventually resulted in a primarily Gentile Christian Church that worshipped solely on Sunday. The commandment for the observance of a Saturday Sabbath was given to Israel. It was never given as a direct commandment to the Gentiles, nor was it given to the Church.”

“The attempt to observe Saturday Sabbath worship, rather than the normal Sunday worship of all Christians for the last two thousand years, is a spiritually misguided attempt to place believers under **the impossible and failed Law** recorded in the Old Testament rather than relying for our salvation on Christ’s offer of salvation through His death on the Cross and entirely unmerited grace – the undeserved gift of God to His children.”

Scripture Evidence of Early Church Sabbath Keeping

We know that the disciples got together every day of the week. They met, went to the temple and worshiped Yahuah daily. But not every day is holy according to Yahuah. Nothing that believers do can ordain days to be holy. Yahuah alone has that authority. Believers can either be obedient or disregard the law of Yahuah. There is no middle ground.

Many Christian leaders did advocate separation from the Jewish traditions and violation of the laws of Yahuah, claiming they were only for the Jews. They were setting the stage for dual covenant theology to separate Gentiles from the Jewish laws, to separate the Church from Israel. They were rebuilding the middle wall of separation that Yahusha tore down.

This is a trap that causes well intentioned believers to practice lawlessness against Yahuah. It is a strategy of Satan to disqualify believers from entering the Kingdom of Heaven. It sounds righteous to separate from the unbelieving Jews and their man made laws and traditions. But it is deadly to the Christians to practice lawlessness. Avoiding the man made traditions of the Jews, often causes Christians to also throw out the Old Testament laws of Yahuah, and replace it with a completely different theology opposed to the laws of Yahuah.

This is Dr. Jeffrey’s false theology that he is defending. This is necessary to justify violations of biblical law and the practices of the first century church. Theodoret wrote about the Ebonites in the 6th century. The Ebonites were believers in Yahusha, but they did not believe in the virgin birth of Yahusha. They also believed the Apostle Paul was a heretic. Ebonites today identify with Messianics and the Hebrew Roots movement.

It is strange that Jeffrey has to use heretical believers to justify the practice of worshiping on Sunday rather than the scriptures. But there is no evidence that the Ebonites ever treated Sunday as the Sabbath.

“The Sabbath and the rest of the discipline of the Jews, the Ebionites observed just like them, but at the same time, like us, they celebrated the Lord’s days as a memorial of the resurrection of the Savior.”

The Church History of Eusebius, Bk3, Ch 27, 4th Century

Memorializing a day is not the same as sanctifying it as a holy command of the law. This is like modern Christians, that do not treat Sunday as holy with restrictions, like the law of the Sabbath, such as not working or finding their own pleasure. They observe it more as a memorial than a sacred holy day.

The Council of Laodicea, Catholic Canon XXIX, 4th Century

“Christians must not judaize by resting on the Sabbath, but must work on that day, rather honoring the Lord’s Day; and, if they can, resting then as Christians.”

Resting is not required under this law of the Catholics. Yahuah does not make laws that are optional. The man in Numbers 15, who was picking up sticks on the Sabbath to make a fire, was stoned to death. It is completely false to say that first century Christians worshiped on Sunday. They worshiped in the synagogue with the Jewish Christians on the Sabbath. Isaiah 56 says that the foreigners should never say that He separated them from His people. But the dual covenant theology from Satan was precisely invented to separate Christians from the laws of Yahuah.

Jeffrey is claiming that the Christians convinced the Jewish believers to stop keeping the Sabbath. This is like the behavior of the Egyptians who left with the Israelites in the exodus from Egypt.

Numbers 11:4 – “Now the mixed multitude who were among them yielded to intense craving; so the children of Israel also wept again and said: ‘Who will give us meat to eat?’”

The Gentile Egyptians incited the Israelites to sin. The fact that Gentile believers convinced Jewish believers to violate the law of the Sabbath, is a tragedy, not an argument to do it today. Paul says believers are to provoke the Jews to jealousy by being more faithful and obedient to the commandments. Jeffrey’s statement is blatantly false when he says the Gentile Christians were never commanded to sanctify the Sabbath. The scriptures state the exact opposite. These false statements are the reason the modern Church disobeys the fourth commandment to sanctify the Sabbath today. They abandoned the Mosaic Law. This is the core of their lawlessness and why they will not be allowed into the kingdom of heaven. They will not sanctify the Sabbath, because they will not obey the Mosaic Law.

The refusal of the Church to obey the Mosaic Law, is a demonic attack on the truth of the Torah. Jeffrey's rhetoric is not found in the New Testament. It says that Jews and Gentiles should keep the law.

Romans 2:13, 26,27 – “for not the hearers of the law are just in the sight of Yahuah, but the doers of the law will be justified; ... Therefore, if an uncircumcised man keeps the righteous requirements of the law, will not his uncircumcision be counted as circumcision, and will not the physically uncircumcised, if he fulfills the law, judge you, who even with your written code and circumcision, are a transgressor of the law?”

This was meant specifically for the Gentiles. Believers in the name of Yahusha, are required to fulfill the requirements of the Torah. Paul said he would not have known what sin is unless he read it in the law.

Romans 8:6 – “For to be carnally minded is death, but to be spiritually minded is life and peace. Because the carnal mind is enmity against Yahuah; for it is not subject to the laws of Yahuah, nor indeed can be.”

Only carnally minded believers will knowingly disobey the law. The Torah is the word of Yahuah. Proverbs 28 says that those who refuse to hear the law, even his prayers are an abomination. There is a difference between willfully rebelling against the law and being ignorant of the law. There are many sincere, reverent Christians that are ignorant of the law. But there are some who have been told the truth and don't want to obey it.

2 Timothy 3:15 – “and that from childhood you have known the Holy Scriptures, which are able to make you wise for salvation through faith which is in Yahusha the Messiah. All Scripture is given by inspiration of Yahuah, and is profitable for doctrine, for reproof, for correction, for instruction in righteousness,

The Torah was established for conviction of what is acceptable behavior and what is not. Romans 7 says the law is a spiritual, holy document, and makes the believer go to Yahusha to beg for mercy. These are all from the New Testament for Gentile believers. The scriptures do not distinguish between Jew's and Christian's obedience to the law. Only the dual covenant theologians do that.

The first believers were all Jewish and they wrote the New Testament. The Jewish apostles were the church. Yahusha is the chief cornerstone and the apostles are the foundation. In Revelation 21 there are twelve layers of the foundation and twelve gates of the walls of New Jerusalem, the kingdom of heaven, named after the twelve apostles of the Church. Gentile believers are adopted into the household of Israel.

Matthew 16:18 – “And I also say to you that you are Peter, and on this rock I will build My Church, and the gates of Hades shall not prevail against it.”

Acts 2:46 – “So continuing daily with one accord in the temple, and breaking bread from house to house, they ate their food with gladness and simplicity of heart, praising Yahuah and having favor with all the people. And Yahuah added to the church daily those who were being saved.

Acts 15:4 – “And when they had come to Jerusalem, they were received by the church and the apostle and the elders; and they reported all thing that Yahuah had done with them.”

The original church apostles and elders were Jewish. The Gentile believers came as the message spread out to other nations. The Gentiles were grafted into Israel. Satan wants to take the Torah away from the Christians because he wants to disqualify them for entrance into the kingdom of heaven.

Yahuah’s grace to the world through Yahusha is unmerited. This is undisputed. Jeffrey, seeking to use this as justification for abandoning the law, because believers failed to keep it, is perverse. Yahusha did not provide salvation of our sins so we could rebel against Yahuah in disobedience. He came so we could repent and become more obedient with a clean conscience. Obedience is required to enter the kingdom of heaven. He said “Repent, for the kingdom of heaven is at hand.” The apostles were commanded to preach repentance and remission of sins. There is no repentance without obedience. Lawlessness is not repentance.

The Law never failed. It is holy and perfect, from the Creator of man. The law demands perfection. That is why Yahusha had to come and provide a way to forgive the mistakes and failures of man, to allow him to repent and become obedient. The problem is with the failure of believers to be obedient. Paul said that Yahusha came so that the righteous requirements of the law may be fulfilled in those who walk in the power of the Spirit, not by the will power of the flesh.

Mans failure to obey the law is the foundation of dual covenant theology. They don’t have the spiritual power to control their flesh, so they claim they don’t have to obey the law. They also need to justify disobedience for the last 1700 years, because they were born into it and are emotionally attached to it. They have to get rid of the law to claim they can abandon the Sabbath. What is so hard about worshiping on the Sabbath? Their family and friends don’t believe it. This entire theology is a demonic deception to disqualify believers from entering the kingdom of heaven.

Jeremiah 18:11,12 – “Now therefore, speak to the men of Judah and to the inhabitants of Jerusalem, saying, ‘Thus says Yahuah: ‘Behold, I am fashioning a disaster and

devising a plan against you. Return now every one from his evil way, and make your ways and your doings good.' And they said, '**That is hopeless! So we will walk according to our own plans,** and we will every one obey the dictates of his evil heart.'

This is a call to repentance, exactly as seen in the New Testament. This statement is the same message being made by Jeffrey. "We can't keep the law, so we are going to ignore it." The church is inventing new commandments because they are still following the pagan laws created by the Catholic Church 1700 years ago.

Matthew 15:3,7 – "He answered and said to them, 'Why do you also transgress the commandment of Yahuah because of your tradition? ... Hypocrites! Well did Isaiah prophesy about you, saying: 'These people draw near to Me with their mouth, and honor Me with their lips, but their heart is far from Me. And **in vain they worship Me, teaching as doctrines the commandments of men.**'"

10. Christians Interpolate Scripture to Justify Lawlessness

Christians misinterpret scripture to justify their lawlessness. Modern Christianity has developed a dual covenant theology to change the meaning of scripture. They have been following the pagan traditions of the Catholic Church for 1700 years, so they need a theology that says they don't have to obey the laws of the Bible. Through the lens of the dual covenant theology, the laws are only for the Jews, which the Christians have been delivered from. The Torah has become obsolete. So when the New Testament scriptures say to obey the commandments of Yahuah, they believe it doesn't apply to them. This theology is demonic deception intended to keep them out of the kingdom of heaven.

Matthew 7:21-23 "Not everyone who says to Me, 'Lord, Lord,' shall enter the kingdom of heaven, but he who does the will of My Father I heaven. Many will say to Me in that day, 'Lord, Lord, have we not prophesied in Your name, and done many wonders in Your name?' and then I will declare to them, 'I never knew you; depart from Me, you who practice lawlessness!'"

Believers who refuse to obey the law, use biased interpretation of scripture to confirm their beliefs. They believe what they want to believe, and the devil uses this as a strategy to deceive them. He will tell you what you want to hear. The dictates of the believers heart determines what they believe.

What is Confirmation Bias?

“Confirmation bias occurs from the direct influence of desire on beliefs. When people would like a certain idea or concept to be true, they end up believing it to be true. They are motivated by wishful thinking. This error leads the individual to stop gathering information when the evidence gathered so far confirms the views or prejudices one would like to be true.”

“Once we have formed a view, we embrace information that confirms that view while ignoring, or rejecting, information that casts doubt on it. Confirmation bias suggests that we don’t perceive circumstances objectively. We pick out those bits of data that make us feel good because they confirm our prejudices. Thus, we may become prisoners of our assumptions. Wishful thinking is a form of self-deception, such as false optimism. Self-deception can be like a drug, numbing you from harsh reality, or turning a blind eye to the tough matter for gathering evidence and thinking.”

“In sum, people are prone to believe what they want to believe. Seeking to confirm their beliefs comes naturally, while it feels difficult and counter intuitive to look for evidence that contradicts our beliefs. This explains why opinions survive and spread.”

Dr. Shahram Heshmat, Science of Choice, Psychology Today

Analysis of Paul’s Warning Against Jewish Traditions

Paul warned the believers that Pharisees in their midst were teaching obedience to the man made traditions and laws of the Jews. These are so abundant that they are impossible to follow, and they lead believers away from obedience to Yahuah. But modern scholars claim he was warning about obedience to the laws of Yahuah. Yahuah argued with the Pharisees often over this issue.

Believers stop searching for truth when they have evidence that their desires are true. When they learn something that contradicts their desired point of view, they ignore it. The desire of the heart becomes the confirmation. This is why believers ignore the fourth commandment to sanctify the Sabbath. They ignore or reject passages that contradict their theology.

Believers are establishing their beliefs from information taught by teachers that do not agree with the scriptures, and by the overwhelming tradition of their pagan culture. So they have an emotional bias against the scriptures. This is Satan’s strategic plan to get believers to violate the law. Godly sorrow produces repentance, which leads to salvation. Satan eliminates the Godly sorrow by eliminating the law.

Believers interpolate the scriptures by inserting their own words into the text. They read ideas into the text that are not there. The following scripture is an example of text that is usually interpolated to mean something it does not say.

Colossians 2:16,17 – “So let no one judge you in food or in drink, or regarding a festival or a new moon or sabbaths, which are a shadow of things to come, but the substance is of Yahusha.”

Believers don’t want to hear this scripture, because it is talking about the law, which they believe is not relevant to them. They believe it says that they don’t have to worry about food, festivals or sabbaths.

False New Testament Commentary

“Apparently some in Colosse tried to convince the believers that spirituality was based on how well they observed certain codes of behavior. Paul mentions diets (what you eat or drink) and days (religious festivals, New Moon celebration, Sabbath day). The false teachers said that the truly spiritual maintained a particular diet and properly observed all the right holy days.”

“What about this? Is the Christian bound to strict observance of diets and days? **No.** Two passages of Scripture make this clear (Heb. 9:10; Gal. 4:8-11). Here in Colossians 2:17, Paul informs us that rule keeping is just a shadow: there is no real spiritual substance.”

Holman New Testament Commentary (308). Anders, M. (1999).

The scriptures quoted here have no relationship with the subject matter. He is saying that there is no spiritual substance to obedience to the commandments of Yahuah, so obedience is not required.

False New American Commentary

“The substance of the false teaching was the ritual observance of the law. The two concerns identified frequent battlegrounds in the early church. They were diet (what you eat or drink) and days (religious festival, a New Moon celebration or a Sabbath day). Some believe in more Gentile settings concerned themselves with whether to worship on the Sabbath or on Sunday. They also debated the question of participation in pagan holidays.” **The New American Commentary, Melick, R.R. 1991, Vol.32**

Heretical 2nd Century Commentary

“But as to their scrupulosity concerning meats, and their superstition as respects the Sabbaths, and their boasting about circumcision, and their fancies about fasting and the new moons, which are utterly ridiculous and unworthy of notice, – “

The Epistle of Mathetes to Diognetus, ch 4, 130-150 AD

These commentaries are all claiming Paul said these laws are obsolete. But Paul said that Yahusha is the personification of all these rules. All the festivals and Sabbaths are foretelling what Yahusha is going to bring when He becomes king of the world. Some believers are not aware that the Jewish celebration of Passover is all about the death and resurrection of Yahusha, the sacrificial lamb that was slain for the sins of the world. They think it is some antiquated Jewish celebration. Did Paul mean, that since Yahusha came, we no longer have to observe the festivals?

In Colossians 2, Paul is framing his discussion to specific subject matter and terminology. Then he talks about many related subjects, and ends the discussion with a concluding statement, framing what was discussed, creating the proper context. This literary technique is called “inclusio” and is used many times in scripture. The inclusio begins in verse 8.

Colossians 2:8 – “Beware lest anyone seduce you through philosophy and empty deceit, according to the tradition of men, according to the basic principles of the world, and not according to Yahusha.”

Paul is warning the believers of men who will lead them astray by the traditions of men, not by scripture. The inclusio is framing the discussion around the traditions of men.

Colossians 2:9-15 – “For in Him dwells all the fullness of the Godhead bodily; and you are complete in Him, who is the head of all principality and power. In Him you were also circumcised with the circumcision made without hands, by putting off the body of the sins of the flesh, by the circumcision of the Messiah, buried with Him in baptism, in which you also were raised with Him through faith in the working of Yahuah, who raised Him from the dead. And you, being dead in your trespasses and the uncircumcision of your flesh, He has made alive together with Him, having forgiven you all trespasses, having wiped out the handwriting of requirements that was against us, which was contrary to us. And He has taken it out of the way, having nailed it to the cross. Having disarmed principalities and powers, He made a public spectacle of them, triumphing over them in it.

Yahusha wiped out the certificate of debt, payable only in blood, that He paid for believers. Their debt of blood was caused by their sin. He took it out of the way by nailing it to the cross. The principalities and powers are the forces of evil that prevented believers from achieving salvation.

Colossians 2:16,17 – “So let no one judge you in food or in drink, or regarding a festival or a new moon or sabbaths, which are a shadow of things to come, but the substance is of Yahusha.”

Let no one judge you. Everyone is judging, but on what basis are they judging? What law are they using to judge? Is it the laws of Yahuah or the traditions of men? In the beginning of his inclusio, he specified that they were using the traditions of men and the principles of the world.

Colossians 2:18-22 – “Let no one cheat you of your reward, taking delight in false humility and worship of angels, intruding into those things which he has not seen, vainly puffed up by his fleshly mind, and not holding fast to the Head, from whom all the body, nourished and knit together by joints and ligaments, grows with the increase that is from Yahuah. Therefore, if you died with Yahusha from the basic principles of the world, why, as though living in the world, do you subject yourselves to regulations – ‘Do not touch, do not taste, do not handle,’ which all concern things which perish with the using – according to the commandments and doctrines of men?’”

In the entire discussion, Paul is not talking about the regulations of Yahuah, he is saying, don’t observe the commandments of men. The discussion is about the Jewish Rabbinical ordinances or traditions of the Talmud. Orthodox Jews are telling the Gentile believers that they have to keep the Jewish traditions, which they hated Yahusha for violating. This is not dealing with Biblical laws of Yahuah.

The Rabbis had strict regulations regarding food and drink which do not exist within the Torah. The Talmud are the commandments of men.

Talmud Regulations

“Foremost among the essentials of a well-cared-for body is cleanliness. It is not merely next to godliness, but a most important part of it. To wash the hands before touching food was strictly enjoined. ‘Sanctify yourselves’ (Lev xi.44) – i.e. washing the hands before the meal; ‘and be ye holy’ –i.e. washing after the meal (Ber 53b) Whoever eats bread without first washing his hands is as though he had sinned with a harlot. Whoever makes light of the washing of his hands will be uprooted from the world.”

“Whoever eats bread without scouring his hands is as though he eats unclean bread. A person who despises the washing of the hands before a meal is to be excommunicated. Therefore is even a benediction prescribed for the purposes, viz. ‘Blessed art Thou, O Lord our God, King of the Universe, Who hast sanctified us by Thy commandments and commanded us concerning the washing of the hands.’ The cleanliness applied also to vessels used during a meal. ‘Rinse the cup before drinking and after drinking.’

“a. Small pieces of skin which are peeling off around the fingernail or any other part of the body, but which are still connected, may not be pulled or cut off with an instrument, by hand or even with the teeth. c. nonetheless, if the end of a nail has become detached for most of its width and is, therefore, close to coming off and is causing, or one is afraid that it will cause pain, it may be removed, either by hand or with the teeth but not with an instrument.”

“Anyone washing himself on Shabbat should take care to avoid squeezing water out of his hair.”

“If upon opening an electric refrigerator on Shabbat or Yom Tov, one finds that the internal light has automatically been switched on, this does not make it forbidden to eat the food inside, but one should consult a qualified rabbinical authority about what to do with regard to closing the door of the refrigerator again.”

Everyman’s Talmud, The Major Teachings of the Rabbinic Sages, Abraham Cohen

Orthodox Jews claim it is impossible to understand the Torah without the Talmud. Failure to wash the hands is an extremely serious offense in Judaism and they accused Yahusha of violating it. There were many believers in the first century who were Pharisees who observed the traditions of the Talmud. Paul was a Pharisee and the son of a Pharisee. So he loved the traditions of his fathers. Jews are born into these traditions.

Yahuah sent Peter, an untrained fisherman to evangelize the Jews and a highly educated Pharisee to evangelize the Gentiles.

If a Jew touches a piece of bread with unclean hands, the bread becomes unclean. **“Do not touch, do not taste, do not handle.”** Paul was talking about the Talmudic regulations regarding food and drink. He never taught against the Torah as many Christians and orthodox Jews claim.

Matthew 15:1-3 – Then the scribes and Pharisees who were from Jerusalem came to Yahusha, saying ‘Why do your disciples transgress the tradition of the elders? For they do not wash their hands when they eat bread.’ Yahusha answered them and said to them, ‘Why do you also transgress the commandment of Yahuah because of your tradition?’

One tragedy of the Jewish traditions is that they take their focus off of the Torah. To the Jews the Talmud is more important than the Torah. This is why the Jews would not believe that Yahusha was the Messiah, because he violated their traditions. Christianity is doing the same thing by making up their own laws that violate the laws of Yahuah. They worship on Sunday instead of the Sabbath. They celebrate pagan festivals instead of Yahuah’s festivals.

Matthew 15:7-9 – “Hypocrites! Well did Isaiah prophesy about you, saying: ‘These people draw near to Me with their mouth, and honor Me with their lips, but their heart is

far from Me. And in vain they worship Me, teaching as doctrines the commandments of men.”

Paul’s entire discussion was teaching believers not to be concerned about observing the traditions of the Jews, the commandments of men. They are not allowed to use an instrument to cut off their fingernail, because using a tool is work. Orthodox Judaism takes these rules very seriously. But they are not in the Torah. These rules distract the believer from obedience to Yahuah. This is why Yahusha rebuked the Pharisees.

Jewish tradition does not allow turning on light switches, or pushing elevator buttons on the Sabbath. They had a serious discussion on whether it is lawful to pick one’s nose to pull a hair out on the Sabbath. They have to use a soft brush for their hair to avoid pulling any hair out on the Sabbath. These are reasons Paul said to avoid listening to the Pharisee believers who try to impose traditions of men on the Gentile believers. These are the same issues Yahusha had to deal with, and why the Pharisees did not believe He was the Messiah.

Luke 13:11-14 – “And behold, there was a woman who had a spirit of infirmity eighteen years, and was bent over and could in no way raise herself up. ... And He laid His hands on her, and immediately she was made straight, and glorified Yahuah. But the ruler of the synagogue answered with indignation, because Yahusha had healed on the Sabbath; and he said to the crowd, ‘There are six days on which men ought to work; therefore come and be healed on them, and not on the Sabbath day.’”

In Matthew 12, Yahusha said that it is lawful to do good on the Sabbath. The Sabbath is all about deliverance from evil. Israel came out of Egypt on a Sabbath day. They were delivered from evil on the Sabbath. The whole context of Colossians 2 is dealing with the traditions and commandments of men imposed on believers in addition to the Torah.

11. The Sabbath Foreshadows the Millennium

The Relationship between the Weekly Sabbath and the Millennial Sabbath

Hebrews 3:7-19 – “Therefore, as the Holy Spirit says: ‘Today, if you will hear His voice, do not harden your hearts as in the rebellion, in the day of trial in the wilderness, where your fathers tested Me, tried Me, and saw My works forty years.’ Therefore I was angry with that generation, and said, ‘They always go astray in their heart, and they have not known My ways.’ So I swore in My wrath, ‘They shall not enter My rest.’”

“Beware, brethren, lest there be in any of you an evil heart of unbelief in departing from the living Aluah; but exhort one another daily, while it is called ‘Today,’ lest any of you be hardened through the deceitfulness of sin. For we have become partakers of Yahusha if we hold the beginning of our confidence steadfast to the end, while it is said: ‘Today, if you will hear His voice, do not harden your hearts as in the rebellion.’ For who, having heard, rebelled? Indeed, was it not all who came out of Egypt, led by Moses? Now with whom was He angry forty years? Was it not with those who sinned, whose corpses fell in the wilderness?”

“And to whom did He swear that they would not enter His rest, but to those who did not obey? So we see that they could not enter in because of unbelief!”

In the exodus from Egypt, many Israelites complained about being led into the wilderness and rebelled against Moses and Yahuah. Yahuah was angry with them and refused to allow a whole generation to enter into the promised land. If believers don’t keep the weekly Sabbath now, they will not be allowed to enter the kingdom of heaven during the millennial Sabbath.

If believers do not respond in a positive way when experiencing trials and tribulations, they will fail the test of their faith. If they fail the test, by failing to keep His commandments, they will face the wrath of Yahuah and die in the wilderness and fail to see the paradise of the kingdom of heaven.

Yahuah took the Israelites into the wilderness to test their faith in Him, keep His commandments and train their character for leadership. The earth is the believers wilderness now. This passage shows how Yahuah responds to sin with anger. Psalm 7:11 says that Yahuah is angry with the wicked every day. Psalm 5:5 says that Yahuah hates all workers of iniquity. Hebrews 1:9 says Yahusha loves righteousness and hates lawlessness.

Paul defines disobedience as unbelief. Obedience is equivalent to faith, not legalism. It takes faith in Yahuah, His promises and His judgment, to obey His commandments. Legalism is ritual that is void of the Holy Spirit and love. Every believer’s faith is tested, so be prepared to overcome fear and doubt. The devil is seeking to destroy the believer’s faith so they will not qualify to be chosen to enter the kingdom of heaven. He starts by getting believers to make a small compromise of disobedience.

Proverbs 3 says to trust in Yahuah with all your heart; lean not on your own understanding. Believers should not try to use reason to compromise the commandments.

Hebrews 4:1-11 – “Therefore, since a promise remains of entering His rest, let us fear lest any of you seem to have come short of it. For indeed the gospel was preached to us as well as to them; but the word which they heard did not profit them, not being mixed with faith in those who heard it, for we who have believed do enter that rest, as He said:

‘So I swore in My wrath, ‘They shall not enter My rest,’’ although the works were finished from the foundation of the world. For He has spoken in a certain place of the seventh day in this way: ‘And Yahuah rested on the seventh day from all His works’ and again in this place: ‘They shall not enter My rest.’

“Since therefore it remains that some must enter it, and those to whom it was first preached did not enter because of disobedience, again He designates a certain day, saying in David, ‘Today’, after such a long time, as it has been said: ‘Today, if you will hear His voice, do not harden your hearts.’ For if Joshua had given them rest, then He would not afterward have spoken of another day. There remains therefore a rest for the people of Yahuah. For he who has entered His rest has himself also ceased from his works as Yahuah did from His. Let us therefore be diligent to enter that rest, lest anyone fall according to the same example of disobedience.”

It is important to notice that this is a future rest. By the fear of Yahuah, one departs from evil. If a believer does not have the fear of Yahuah’s punishment, he is on a path to future punishment. Work out your salvation with fear and trembling. 1 Peter 1 says to conduct your stay hear in fear, because judgment is coming. When Yahuah spoke to the Israelites at Mt Sinai, they fell down in fear of death by His tremendous power. Exodus 20:20 says His fear is before you that you may not sin.

The Israelites had the gospel of eternal life. But believers must be doers of the word, not hearers only. Only the doers of the word will be justified. Faith without works is dead.

Believers enter that rest now by keeping the Sabbath days, which were established at the foundation of the world. If believers do not rest on the Sabbath days, they will not enter into the millennial rest in the future. There is a connection between the eternal rest of Yahuah in the seventh millennium and the Sabbath rest now on the seventh day.

Believers can experience a little of the millennial rest when they keep the Sabbath days now. Israelites have believed this concept for thousands of years. When Jewish people prepare for the Sabbath, they are excited with anticipation in the context of going home to heaven. There are only 6000 years allotted for mankind and then the Sabbath millennium. After 6000 years of exile from the Garden of Eden, believers get to go home to paradise. Yahusha said He was going to prepare a place for the believers. It is ready for them now. When the Israelites went into the promise land, all the homes were already there for them to live in.

When Jewish people go to the Sabbath, they sing a song about the wedding of the bride of Yahusha in heaven:

“Come my Beloved, to meet the bride; let us welcome the presence of the Sabbath. ‘Observe’ and ‘Remember the Sabbath day,’ the only Aluah caused us to hear in a single utterance: Yahuah is One, and His name is One to His renown and His glory and His

praise. Come, let us go to meet the Sabbath, for it is a wellspring of blessing; from the beginning, from of old it was ordained, – last in production, first in thought.“

“Shake thyself from the dust, arise, put on the garments of Your glory, O my people! Through the son of Jesse, The Bethlehemite, draw nigh unto my soul, redeem it.”

Isaiah 26 says awake and sing you who dwell the dust.

Ephesians 5:22-24 – “Wives, submit to your own husbands, as to Yahuah. For the husband is head of the wife, as also Yahusha is head of the church; and He is the Savior of the body. Therefore, just as the church is subject to Yahusha, so let the wives be to their own husbands in everything.”

Marriage was ordained by Yahuah to fulfill His commandments. Paul is drawing a parallel between the present marriage with the marriage of the believers in heaven. This is similar to his parallel between the Sabbath and the millennial rest in heaven.

In Joshua, the Israelites inherited the promised land. But they did not receive the rest that they were promised. There remains a rest in the future for believers, but the believers who have entered His rest already, are those who keep the Sabbaths and rest from their work. Paul is warning believers to keep the Sabbath to avoid the fate of the Israelites who were disobedient in the exodus.

Paul is showing that the primary example of the Israelite’s disobedience, pertains to the Sabbath. In Exodus 16, they were forbidden to gather manna on the Sabbath. The way Yahuah tested the Israelites as to whether they would keep all His commandments, was whether they would keep the Sabbath.

“According to the Talmud, Shabbat is equal to all the other commandments. Shabbat is so central to Jewish life ... that the term shomer Sabbath (Sabbath observer) is synonymous with ‘religious Jew’ in common parlance.”

Rabbi Menachem Posner

The marker as to whether a believer is a servant of Yahuah, is keeping the Sabbath. In Ezekiel, **the Sabbath is the mark of Yahuah**. In John 9, the Pharisees said Yahusha can’t be from Yahuah, because He violates the Sabbath. So the Sabbath observance was their marker. However, Yahusha was violating their traditions of men, not the commandments of Yahuah.

“There are more reminders about Sabbath observance in the Torah text than about any other matter, with the possible exception of idolatry. The Sabbath is the greatest symbol of the spirit of Judaism. More than any other concept in the Jewish religious system.”

“It is Judaism’s prime statement about the uniqueness of the individual and his essential freedom of will.”

The Mishnah, Eugene J Lipman on the Sabbath, pg 79

The Sabbath is eternal.

Matthew 24:19 – “But woe to those who are pregnant and to those who are nursing babies in those days! And pray that your flight may not be in winter or on the Sabbath.”

Yahusha is saying that the Sabbath is still required in the last days, during the tribulation. It will also be observed in the seventh millennium yet to come, when Yahusha is the king.

Isaiah 66:22-23 – “For as the new heavens and the new earth, which I will make, shall remain before Me,’ says Yahuah, ‘so shall your descendants and your name remain. And it shall come to pass that from one New Moon to another, and **from one Sabbath to another, all flesh shall come to worship before me,**’ says Yahuah.”

12. How to Teach Sanctification of the Sabbath

The experience of believers who begin to embrace the Sabbath, keep it holy, try to convey that truth to their peers, friends, family and pastors. The response is often very negative. This is a shock to the believer because when they first learned the importance of the Sabbath, they were very excited over the amazing truth. They can’t wait to share it with the world and think their friends will be excited too, especially their pastor. The believers create this expectation because of their joy and how happy they are that they discovered it.

When they share the truth with their friends, they experience opposition, frustration and adversarial questioning about what cult they have joined. The friends question whether they have left the faith of Christianity and are walking away from a relationship with Yahusha to enter a false religion of salvation by works. How should a believer respond to this negative attitude?

2 Timothy 2:23-26 – “But avoid foolish and ignorant disputes, knowing that they generate strife. And a servant of Yahuah must not quarrel but be gentle to all, able to teach, patient, in humility correcting those who are in opposition, if Yahuah perhaps will grant them repentance, so that they may know the truth, and that they may come to their senses and escape the snare of the devil, having been taken captive by him to do his will.”

Believers should not get caught up in emotional arguments, because no one listens when they are emotional. Gentleness, love, humility and patience are required to wait for people to learn the law, learn a new way of life and leave their friends behind. Satan corrupts scripture with arrogance, pride and a desire to win arguments. The believer's role is to tell people the truth, be patient and pray for their understanding. It is the Holy Spirit's role to convince them of the truth. But they shouldn't give up opportunities to answer questions and teach the truth. It is very important to study and be prepared to teach the subject matter. They need to earnestly contend for the faith, memorizing the key scriptures on the subject.

Believers are to convince, rebuke, exhort and teach with patience. One concept to employ to teach understanding. There are millions of sincere Christians that don't understand the Sabbath. When they hear the truth and agree with it, they go to church and see all their friends, family and elders they respect. Then they have doubt. How can all these sincere knowledgeable Christians be wrong? How could this possibly be truth? This is a major stumbling block. They don't want to destroy their social relationships. In addition, Satan is especially concerned to prevent believers from keeping the Sabbath, because it is one of the most important commandments to Yahuah. He will create opposition.

All Believers Must Continually Grow in the Knowledge of Yahuah

The concept of **spiritual growth** has the power to overcome this problem. All believers should all be growing in knowledge and understanding their entire life. What happens when they learn something their friends disagree with? One should explain why Christendom needs to learn new truth, and why the believer changed his understanding of the truth. Spiritual growth is a natural product of a close relationship with Yahuah. In a close relationship, the believer learns more about Yahuah continuously.

The Holy Spirit leads believers into all truth. The more the believer seeks, the more they find. If one is deceived, it takes diligent study to learn the truth. It is a manifestation of spiritual growth. Sincere believers who are deceived, will eventually discover the truth if they keep studying and learning. The problem is that the closer a believer gets to Yahuah, the farther he gets from the world and his friends.

A believer who teaches the truth with patience will eventually help people to discover the truth themselves. Experience will help the teacher to be more effective with time. But it is certain that he will lose many friends, no matter how kind and patient he is. If the believer disagrees with 99 percent of the believers in the world, most will not believe him. Even if they believe him, they will not leave their friends and family.

Philippians 1:9-10 – “And this I pray, that your love may abound still more and more in knowledge and all discernment, that you may approve the things that are excellent, that you may be sincere and without offense till the day of Yahusha,”

Paul is expecting the believers to grow more and more in knowledge and discernment. Believers are to become students of the word and apply the principles that they learn to their life. Things like the Sabbath. Believers must learn more about what Yahuah wants them to do and the things He doesn't want them to do. It takes a lifetime to learn all that He wants them to know. This knowledge is learned in the scriptures, especially in the Torah, with the help of the Holy Spirit.

Romans 2:17-18 – “Indeed you are called a Jew, and rest on the law, and make your boast in Yahuah, and know His will, and approve the things that are excellent, being instructed out of the law.”

When believers study the law they do not adopt salvation of their spirit by works, they learn to be obedient to Yahuah in their relationship. But all judgment is based on works of love, obedience and fruitfulness. If believers fail to do good works, and be obedient to the law, they will suffer loss of rewards (1 Corinthians 3:11-15). The biggest loss will be failure to qualify to be chosen to enter the gate to life in the headquarters of the kingdom of heaven.

Believers are only seeking the knowledge of Yahuah and are being lead into all truth by the Holy Spirit. But it becomes very difficult to change behavior that is different from the family and the social group they belong to. In other religions people are killed for changing their behavior that their social group disapproves of. Some religions will kill their own children for questioning their beliefs.

Psalms 119:18-19 – “Open my eyes, that I may see wondrous things from Your law. I am a stranger in the earth; do not hide Your commandments from me.”

The lie that the enemy has taught the church is: “don't tell me about the law, because it is a curse.” But David is begging Yahuah to teach him more about the law.

Psalms 25:4-5 – “Show me Your way, O Yahuah; teach me Your paths. Lead me in Your truth and teach me, for You are the Aluah of my salvation; on You I wait all the day.”

Matthew 6:33 – “But seek first the kingdom of Yahuah and His righteousness, and all these things shall be added to you.”

All of His commandments are righteousness.

Hosea 6:3 – “Let us know, let us pursue the knowledge of Yahuah. His going forth is established as the morning; He will come to us like the rain, like the latter and former rain to the earth.”

Proverbs 1:5 – “A wise man will hear and increase learning, and a man of understanding will attain wise counsel,”

There is no stagnation in the faith. If believers don't continue to learn more, even what they have will be taken away. Complacency destroys all churches eventually.

Ephesians 5:8-10 – “For you were once darkness, but now you are light in Yahuah. Walk as children of light (for the fruit of the Spirit is in all goodness, righteousness, and truth), finding out what is acceptable to Yahuah.”

The natural behavior of all life on earth is to grow. It takes three things for plants to grow: good soil, water and sunlight. Faith is good soil. The Holy Spirit is likened to living water. Yahusha said living water would flow out of the believer's heart, which is necessary for growth. The word of Yahuah is light. Psalm 105 says, Your word is a lamp to my feet and a light to my path. The Hebrew root word for Torah is “or”, which means light. If any one of these three elements is removed, it causes death.

Believers must convey this concept of spiritual growth to their brothers and sisters. They may study the commandments and decide to follow them. It is not salvation by works, it is a better relationship with Yahuah. But Yahusha said that believers unwilling to leave their family and friends, are not worthy to be His disciples. If they will not join the believer in keeping the Sabbath holy, they have to leave their family behind in their pagan church.

Hebrews 12:14 – “Pursue peace with all people, and holiness, without which no one will see Yahuah:”

Paul said that we run a race in which only one will win.

Hosea 4:6 – “My people are destroyed for lack of knowledge. Because you have rejected knowledge, I also will reject you from being priest for Me; because you have forgotten the law of your Aluah, I also will forget your children.”

Satan knows the believer will die if they don't have the light of the law. When the sun goes away, the plants die.

Proverbs 23:23 – “Buy the truth, and do not sell it, also wisdom and instruction and understanding.”

When believers begin to keep the Sabbath, they don't want to go back to ignoring it, regardless of what their friends think. Once they learn the truth they will not give it up. For the first ten years of King Josiah's reign he did not keep the Torah.

2 Kings 22:8-13 – “Then Hilkiyah the high priest said to Shaphan the scribe, ‘I have found the Book of the Law in the House of Yahuah.’ And Hilkiyah gave the book to Shaphan, and he read it. ... Then Shaphan the scribe showed the king, saying, ‘Hilkiyah the priest has given me a book.’ And Shaphan read it before the king. Now it happened, when the king heard the words of the Book of the Law, that he tore his clothes.”

Then the king commanded Hilkiyah the priest, Ahikam the son of Shaphan, Achbor the son of Michaiah, Shaphan the scribe, and Asaiah a servant of the king, saying, ‘Go, inquire of Yahuah for me, for the people and for all Judah, concerning the words of this book that has been found; for great is the wrath of Yahuah that is aroused against us, because our fathers have not obeyed the words of this book, to do according to all that is written concerning us.’”

When Josiah heard the word of Yahuah, he believed it. He was humbled and convicted. Before this time, Josiah had a right relationship with Yahuah. There was no question that his heart was set to do good. He had given the order to repair the temple of Yahuah. He loved Yahuah, he wanted to do what was right. But then he experienced spiritual growth. When he heard the word that he had never heard before, he believed it with passion.

When Josiah learned the law, he understood that his nation was not obeying Yahuah and were in danger of His wrath. This is how Yahuah responds:

2 Kings 22:19-20– “because your heart was tender, and you humbled yourself before Yahuah when you heard what I spoke against this place and against its inhabitants, that they would become a desolation and a curse, and you tore your clothes and wept before Me, I also have heard you,’ says Yahuah. Surely, therefore, I will gather you to your fathers, and you shall be gathered to your grave in peace; and your eyes shall not see all the calamity which I will bring on this place.’... So they brought back word to the king.”

There are many good sincere believers in the church that don't know anything about the Sabbath and the ones that do know, are unwilling to depart from 1700 years of tradition, or their friends and family. In addition, there are a thousand years of church commentary that says it has been abolished. They are ignorant of the truth. There is a

difference between humble ignorance and rebellion. There are educated pastors and teachers that have rejected the law and they are destroying many Christians. But that is not the belief of everyone. Most are deceived by lack of knowledge. They need to hear the truth and realize they need to grow closer to the knowledge of Yahuah.

13. Prohibitions of the Sabbath Law

Scripture only includes four prohibitions for the Sabbath. There is no reason to be intimidated by the Sabbath law. The Talmud on the other hand has over 1500 regulations for the Sabbath. This is why the Jews are so bound by the ritual of tradition. The scriptural prohibitions are:

No Working
 No buying or selling
 No kindling a fire
 No embracing your own pleasure

No Working on the Sabbaths

The reason that believers prohibit work on the Sabbath is that they are commanded to follow the example of Yahuah, who rested on the seventh day after the six days of creation. He made it one of His most important commandments. A spiritual issue is that when Yahuah cast Adam and Eve out of the Garden of Eden, He pronounced a curse on them, requiring them to work to survive. During the Sabbath, the curse upon man is lifted and man is freed from work. It is a taste of freedom and blessing without working, a foreshadow of life in the millennial Sabbath. One should consider working on the Sabbath as a curse, because work is the life of a servant.

Exodus 20:8-9 – “Remember the Sabbath day, to keep it holy. Six days you shall labor and do all your work, but the seventh day is the Sabbath of Yahuah your Aluah. In it you shall do no work:”

In Exodus 21, bond servants are only obligated to serve six years. On the seventh year, they are released. Under the law of the Shemithah, every seven years people are released from their debts. People who keep the Sabbath are set free every seven days.

Satan hates the Sabbath, because he wants believers to violate the law of Yahuah and worship him. He has convinced believers that the Sabbath is a curse, because he knows that it is a great blessing. Satan focuses on the Sabbath more than any other

commandment. He is attacking the believer's faith and their qualifications to enter the kingdom of heaven. All sins are caused by a lack of belief in Yahuah's punishment.

Matthew 6:30-33 – “Now if Yahuah so clothes the grass of the field, which today is, and tomorrow is thrown into the oven, will He not much more clothe you, O you of little faith? Therefore do not worry, saying, ‘What shall we eat?’ or ‘What shall we drink?’ or ‘What shall we wear?’ For after all these things the Gentiles seek. For your heavenly Father knows that you need all these things. But seek first the kingdom of Yahuah and His righteousness, and all these things shall be added to you.”

Many believers feel they have to work on Sabbath days to obtain what they need, because they don't believe Yahuah will provide them. Obedience to Yahuah's commandments are righteousness, especially keeping the Sabbath holy. This is to take precedence over the cares of the world. Do not worry about prosperity, which causes focus on worldly things. All the things the Gentiles seek will be added to the believer who seeks first the kingdom of heaven and His righteousness.

Matthew 6:9-11 – “In this manner, therefore, pray: Our Father in heaven, hallowed be Your name. Your kingdom come. Your will be done on earth as it is in heaven. Give us this day our daily bread.”

When Yahuah was feeding the Israelites manna in the Exodus, they only could have enough for one day at a time. So they had to trust Him every day for food. That taught them to have faith and depend on Him. Believers don't have to worry about their future, or their retirement. He will give them divine favor and prosperity when they obey the commandments. The law brings freedom and blessing, not a curse.

Luke 14:16-20 – “Then He said to him, “A certain man gave a great supper and invited many, and sent his servant at the supper time to say to those who were invited, “Come, for all things are now ready.” But they all with one accord began to make excuses. The first said to him, ‘I have bought a piece of ground, and I must go and see it. I ask you to have me excused.’ And another said, ‘I have bought five yoke of oxen, and I am going to test them. I ask you to have me excused.’ Still another said, ‘I have married a wife, and therefore I cannot come.’”

All these men made excuses for why they couldn't accept the invitation to a feast. They were too busy to meet with Yahuah. All their worldly cares took precedence over the calling. It is extremely important to come when Yahuah calls. The Sabbath is a calling to leave the world behind and enjoy the freedom of eternity. Leviticus 23 is

explicitly Yahuah calling His children to come before Him. Giving excuses has severe consequences.

Luke 14:24 – “For I say to you that none of those men who were invited shall taste my supper.”

Yahusha says that those who love this world will lose life in the kingdom and those who hate this life will keep it for all eternity. The world’s system is to get the most out of this life and build their kingdom here. Most believers try to be successful in their career and provide the best for their family; to be more successful than their neighbors. Yahusha is clear that man cannot serve two masters, they cannot serve money and the kingdom of heaven. They will love one and hate the other.

There are some instances where some people have to work on the Sabbath. Some jobs are saving or sustaining lives, such as the medical field. Doctors and nurses are helping people in emergencies and serious illnesses, those who cannot help themselves. There are children and animals that need to be fed or caught in an emergency situation. Yahusha said it is permissible under Sabbath law to heal people or help an animal that fell into a pit on the Sabbath.

Matthew 12:10-12 – “And behold, there was a man who had a withered hand. And they asked Him, saying, ‘Is it lawful to heal on the Sabbath?’ – that they might accuse Him. Then He said to them, ‘What man is there among you who has one sheep, and if it falls into a pit on the Sabbath, will not lay hold of it and lift it out? Of how much more value then is a man than a sheep? Therefore it is lawful to do good on the Sabbath.’”

Therefore it is permissible for doctors and nurses to sustain life on the Sabbath. In the story of the Maccabees, Mattathias’ brethren had taken a stand, saying that, “we are not going to fight the Greeks on the Sabbath.” The Greeks came and slaughtered them; killed them all. Mattathias said, “Let us fight on the Sabbath for our law and for our Aluah.” He defeated the Greeks and delivered Judea from their rule. Israel celebrated by creating the feast of Hanukkah. It is lawful to do good on the Sabbath.

Those that work in the medical field also have scheduled time off and vacations. It is important to schedule time to rest and observe the Sabbath. There is no reason to work on every Sabbath.

Yahusha has given three principles regarding the Sabbath:

1. It is lawful to do good on the Sabbath (Mt 12:12)
2. The Sabbath was made for man, not man for the Sabbath (Mk 2:27)
3. The Son of Man is the Lord of the Sabbath (Mt 12:8)

Yahusha is the interpreter of what is lawful and what is not on the Sabbath. Believers also have the Holy Spirit to lead them to the truth.

Buying and Selling on the Sabbath is Prohibited

Nehemiah went home to Jerusalem from Babylon during the building of the wall and found people violating the laws of Yahuah.

Nehemiah 13:15-21– “In those days I saw people in Judah treading presses on the Sabbath, and bringing in sheaves, and loading donkeys with wine, grapes, figs, and all kinds of burdens, which they brought into Jerusalem on the Sabbath day. And I warned them about the day on which they were selling provisions. Men of Tyre dwelt there also, who brought in fish and all kinds of goods, and sold them on the Sabbath to the children of Judah, and in Jerusalem. Then I contended with the nobles of Judah, and said to them, ‘What evil thing is thing that you do, by which you profane the Sabbath day?’”

“‘Did not your fathers do thus, and did not our Aluah bring all this disaster on us and on this city? Yet you bring added wrath on Israel by profaning the Sabbath.’”

“So it was, at the gates of Jerusalem, as it began to be dark before the Sabbath, that I commanded the gates to be shut, and charged that they must not be opened till after the Sabbath. Then I posted some of my servants at the gates, so that no burdens would be brought in on the Sabbath day.”

“Now the merchants and sellers of all kinds of wares lodged outside Jerusalem once or twice. Then I warned them, and said to them, ‘Why do you spend the night around the wall? If you do so again, I will lay hands on you!’ From that time on they came no more on the Sabbath.”

These are foreigners who are doing commerce on the Sabbath day, the men of the world, Gentiles. Nehemiah called this activity evil, even though it is not evil in the world’s eyes. They were just doing business to make money. It is clear in the scriptures that Yahuah is angry when believers today profane the Sabbath. It does not matter what it means to the believers. What matters is what it means to Yahuah. Seminaries are teaching that believers can chose any day they want, to rest and worship Yahuah. Scriptures teach what Yahuah likes, and what He doesn’t like. Believers have been deceived.

Nehemiah took measures to guard the Sabbath, but the enemy did not go away; they camped right outside. Are believers that tenacious about guarding the Sabbath in their homes? The enemy will wait outside their house waiting for an opportunity to come in. Believers must take authority over their homes and keep the enemy out of the house:

bad TV shows, movies, magazines, music, etc. These things give Satan entry into the home of the believer. The adversary is waiting for an opportunity to enter.

No commerce is allowed on the Sabbath. It is not the time to purchase things.

No Kindling of Fires is a Misinterpretation of Scripture

The correct interpretation is do not work on the Sabbath.

Exodus 35:2-3 – “Work shall be done for six days, but the seventh day shall be a holy day for you, a Sabbath of rest to Yahuah. Whoever does any work on it shall be put to death. You shall kindle no fire throughout your dwellings on the Sabbath day.”

That command is not found anywhere else in scripture. Principles of scripture are repeated many times to make the principle clear. The New Testament is a reiteration of the Old Testament. This principle is a key to interpreting this commandment. There are many different interpretations caused by no additional guidance on the subject. There are dozens of rules in the Mishnah on this subject from turning on light switches, riding elevators, to starting a car. That is not what Yahuah has commanded.

One must use unity, consistency, logic and context to help interpret a command. When a principle is repeated many times, it gives different perspectives on what it means. The primary context of this command is work on the Sabbath and kindling a fire is just an example of work.

In Numbers 15, there was a man gathering sticks to kindle a fire on the Sabbath, who was put to death. Kindling a fire during the exodus was a laborious task. One would have to hunt for wood, cut the wood and carry it home; and do the very difficult task of creating a fire without coals from a previously kindled fire. This type of labor was not allowed on the Sabbath. Its primary use was for cooking food. Preparing food for cooking was also very laborious. It involved grinding or killing an animal and skinning it. Scripture also forbids preparing food for cooking on the Sabbath. It was to be prepared, baked or boiled the day before. But it is a good idea to prepare fires the day before the Sabbath.

No Embracing your own Pleasure on the Sabbath

Isaiah 58:13-14 – “If you turn away your foot from the Sabbath, from doing your pleasure on My holy day, and call the Sabbath a delight, the holy day of Yahuah honorable, and shall honor Him, not doing your own ways, nor finding your own pleasure, nor speaking your own words, then you shall delight yourself in Yahuah; and I

will cause you to ride on the high hills of the earth, and feed you with the heritage of Jacob your father. The mouth of Yahuah has spoken.”

Notice that it is His holy day, “the Lord’s day,” not the believer’s. It is not a day to go shopping or to a sports or entertainment event. Children can watch Bible movies or documentaries of missionaries on the Sabbath. It should be filled with praise, worship, prayer, teaching, charity and fellowship with other believers. It is not a day to talk about the mundane things of the world. Believers should be sowing to the spirit not the flesh.

Believers keep the Sabbath holy, because they want the promised blessings of riding on the high hills of the earth and being fed with the heritage of Jacob. Satan wants to take away the heritage of the believers and cause them to be cursed. This is why he has been waging a war against the Sabbath for thousands of years, within the Church.

Restricted Travel is Not in Scripture

The Jews have hundreds of rules restricting travel on the Sabbath. They only come from misinterpreting one verse in the Bible. This is a diabolical pattern Satan uses to deceive believers.

Exodus 16:27-29 – “Now it happened that some of the people went out on the seventh day to gather, but they found none. And Yahuah said to Moses, ‘How long do you refuse to keep My commandments and My laws? See! For Yahuah has given you the Sabbath; therefore He gives you on the sixth day bread for two days. Let every man remain in his place; let no man go out of his place on the seventh day.”

The context was going out to collect manna on the Sabbath. Yahuah told them not to do that. It had nothing to do with travel. Yahusha said beware of the teaching of the Pharisees, because they will lead people away from the Torah. In Matthew 7, He said that the Pharisees put heavy burdens on the believers that they cannot carry. Yahuah was not talking about travel. He said do not go out of his place to harvest food.

It is a good idea to avoid traveling for business or a vacation on the Sabbath, because believers would miss all the benefits of rest, worship and fellowship.

14. The Connection Between Yahusha and the Sabbath

The connection between Yahusha and the Sabbath is the best way to understand the meaning of the Sabbath. The modern day Church does not see the Sabbath as relevant to today. This is why they don’t keep it holy. They are focused on the Messiah and

everything pertaining to Him as relevant. If it appears to be an Old Testament law that pertains to the Jews, and they believe they have been delivered from that.

The primary reason believers keep the Sabbath holy, is because they want to be 100 percent obedient to Yahuah. When they do that, they realize that the Sabbath is extremely relevant to their spiritual life. Tremendous spiritual growth and knowledge occurs when believers become more obedient. If they seek Yahuah and become more obedient, they will find more and more.

In the beginning the Sabbath was created on the seventh day.

Genesis 1:1-4 – “In the beginning Elohim created the heavens and the earth. The earth was without form, and void; and darkness was on the face of the deep. And the Spirit of Elohim was hovering over the face of the waters. Then Elohim said, ‘Let there be light’; and there was light. And Elohim saw the light, that it was good; and Elohim divided the light from the darkness.”

Elohim is plural, which means that Yahuah and Yahusha worked together to create the heavens and the earth. Yahusha is revealed in the first verse of the Bible. Yahuah says let us make man in our image. And man has become like one of us. When Yahuah saw the tower of Babel in Genesis 11, He said, “Let us go down and confuse their language.” Yahuah and Yahusha are one person.

John 1:1-3 – “In the beginning was the Word, and the Word was with Yahuah and the Word was Yahuah. He was in the beginning with Yahuah. All things were made through Him, and without Him nothing was made that was made.”

This is the same as Genesis 1:1. The word said let there be light. There was no sun, so what was the light? Yahusha said that He was the light of the world. Yahusha is the wisdom and power of Elohim. Those people who are of the light are separated from those of the darkness. Yahusha said that the world hates Him, because He testifies that their deeds are evil. Proverbs 20:9 says an unjust man is an abomination to the righteous and he who is upright in his ways is an abomination to the wicked. In Matthew 10, Yahusha said he did not come to bring peace, but a sword. He said He was dividing a son from his father and a mother from her daughter. Dividing light from darkness. This is what Yahusha was in creation.

John 3:19 – “and this is the condemnation that the Light has come into the world and men lived in darkness rather than light ... because their deeds were evil!”

John 8:12 – “I am the light of the World, he who follows Me shall not walk in darkness but have the light of life.”

Revelation 21:23 – “The city had no need of the sun or of the moon to shine in it, for the glory of Elohim illuminated it. The Lamb is its light.”

Hebrews 1:1-2 – “Elohim, who at various times and in various ways spoke in time past to the fathers by the prophets, has in these last days spoken to us by His Son, whom He has appointed heir of all things, through whom also He made the worlds;”

Colossians 1:16 – “For by Him all things were created that are in heaven and that are on earth, visible and invisible, whether thrones or dominions or principalities or powers. All thing were created through Him and for Him.”

The scriptures say that all things were made for Yahuah. So Colossians is saying that Yahusha is Yahuah.

Proverbs 16:4 – “Yahuah has made all for Himself, yes, even the wicked for the day of doom.”

Isaiah 45 says that every knee is going to bow to Yahuah, but Philippians 2 says that every knee will bow to Yahusha. Joel 2:32 says that all who calls on the name of Yahuah will be saved. In Isaiah 43:11, Yahuah says He is the only savior. In Romans 10, says the same about Yahusha. Whoever confesses with their mouth and believes in the name of Yahusha shall be saved. In Isaiah 44 Yahuah says I am the first and the last. In Revelation 1, Yahusha says, “I am the alpha and the omega, the first and the last.” Jeremiah 17 Yahuah says, “I search the minds and the hearts of the people.” In Revelation 1, Yahusha says that I am the one who searches the minds and the hearts of the people. Yahuah and Yahusha are one person.

Proverbs 30:4 – “Who has ascended into heaven, or descended? Who has gathered the wind in His fists? Who has bound the waters in a garment? Who has established all the ends of the earth? What is His name, and what is His Son’s name, if you know?”

Yahusha is the only one who has descended and ascended into heaven. John 6 says that Yahusha is the bread from heaven. Whoever comes to him will have everlasting life. Whoever eats that bread will live for all eternity. Yahusha is going to ascend to where he was before. In Psalms 89, it is Yahuah who has the power to calm the seas. In Matthew 8, it is Yahusha who commands the wind and the sea. Yahusha says that I and My father are one. His name is Emanuel, Elohim with man.

Genesis 1:31-2:1-3 – “Then Elohim saw everything that He had made, and indeed it was very good. So the evening and the morning were the sixth day. Thus the heavens

and the earth, and all the host of them, were finished. And on the seventh day Elohim ended His work which He had done, and He rested on the seventh day from all His work which He had done. Then Elohim blessed the seventh day and sanctified it, because in it He rested from all His work which Elohim had created and made.”

Yahuah rested from creating the heavens and the earth on the Sabbath. It was made holy on the day of creation. It was sanctified because He rested from all His work. He created the day for His own glory for what He had accomplished. He is taking the time to reflect on what He has done. It was Yahusha who blessed and sanctified the Sabbath. This revelation changes the believer’s perspective on the relevance of the Sabbath to Yahusha as Elohim. The believer should sanctify the Sabbath because it is acknowledging that Yahusha is the Elohim of heaven and earth.

Titus 1:15-16 – “To the pure all things are pure, but to those who are defiled and unbelieving, nothing is pure; but even their mind and conscience are defiled. They profess to know Yahuah, but in works they deny Him, being abominable, disobedient, and disqualified for every good work”

Those who are holy identify those things that Yahuah says are holy. The pure things of Yahuah’s word are relevant to the believer. When Yahuah says something is holy, the defiled say it is not holy to them; it is not relevant to them. Yahusha says, why do you call me “Lord, Lord, but don’t do the things that I say”. The Sabbath is the worship of Yahusha. The worship of the one who created the heaven and the earth.

Catechism #347 – “Creation was fashioned with a view to the Sabbath and therefore for the worship and adoration of God. Worship is inscribed in the order of creation.”

Catechism of the Catholic Church

Psalms 95:6 – “Oh come, let us worship and bow down; let us kneel before Yahuah our Maker.”

This is what the believer is called to do on the Sabbath.

Leviticus 23:1-3 – “And Yahuah spoke to Moses, saying, ‘Speak to the children of Israel, and say to them: ‘The feasts of Yahuah, which you shall proclaim to be holy convocations, these are My feasts. ‘Six days shall work be done, but the seventh day is a Sabbath of solemn rest, a holy convocation. ...’”

A feast of Yahuah is an appointed time to meet with Him. The very first appointment is the Sabbath. A holy convocation is a sacred assembly. Believers are being called out of

the world to come to a meeting. Believers are being summoned, their presence is required. He is asking His disciples to come before Him. Present yourselves before me and worship Me. He is asking to be worshiped as Elohim of heaven and earth.

Ezekiel 20:12, 20 – “Moreover I gave them My Sabbaths, to be a sign between them and Me, that they might know that I am Yahuah who Sanctifies them. ... hallow My Sabbaths, and they will be a sign between Me and you, that you may know that I am Yahuah, your Aluah.”

The sign is a distinguishing mark. It is the same word used when Yahuah put a mark on Cain. It is the same word used for the rainbow. The Sabbath is a mark that the believer has acknowledged and confessed that it is Yahuah who Sanctifies them.

Exodus 20:8 – “Remember the Sabbath day, to keep it holy.”

Deuteronomy 5:12 – “Observe the Sabbath day, to keep it holy, as Yahuah your Aluah commanded you.”

“The prophets do not preserve the exact wording when they repeat something. They only preserve its substance. For that is what is important. ... there are many other such instances. ... and many other additions and omissions in the second version of the Decalogue. The intelligent person will understand why this is so.”

Rabbi Ibn Ezra

Remember means to do what is required. Most believers will admit keeping nine of the ten commandments, and claim they do not have to keep the fourth commandment. Observe means to guard the Sabbath. Nehemiah posted guards at the gates of Jerusalem to protect the Sabbath. Believers need to fight the tendency to become complacent and forget how important and sacred the Sabbath is. Believers need to guard it and guard their homes on the Sabbath.

In conclusion, believers in Yahusha should serve the Aluah of heaven and earth for His glory. He sanctified it so that believers may worship Him as Aluah. Keeping the Sabbath holy is a mark of Yahuah on the believer for spiritual protection, prosperity and a qualification for entrance into the gate to life in the kingdom of heaven.

Matthew 12:8 – “For the Son of Man is the Elohim even of the Sabbath.”

None of the great patriarchs, such as Abraham, or Moses ever made such a claim.